



## **IHSGCA**

February 15<sup>th</sup>, 2017 Minutes

### Call to order:

7:10pm

### Attendance:

*Mike Opsal, Ryan Brown, Erik Bostrom, Joe Rogalski, Zack Crandall, Ryan Dul, Steve Foerch, Howie Sokol, Bob Russell, Keith Mukai, Jesse Piland, Eric Harima, Scott Phillips, Dave Calisch, Frank NOVakowski, Blaise Blasko, Greg Gebhardt, Bill Cordts, Mike Galfi, Greg Diddich, Jay Sipek, Howard Rubin*

### Current Balance:

*10,152.27*

### State Meet:

- Fri.-Sat., May 12th-13th, at Hinsdale Central HS
- Thank you Mark Wanner and Hinsdale Central for hosting these past 4 years!  
- ***Submissions for those interested in hosting are now being taken, Glenbard West and Hoffman Estates expressed interest, Conant possibly. Others?***

### Golf Outing / HOF Banquet:

- Monday, May 15th, 2017. Morava Center
- Bill Watts to be inducted this year

***Please encourage coaches to attend this great event- we would love to see a great turn out for Bill***

### HOF Nominations for 2018 induction:

Nominations are due today on the website: <http://ihsgca.org/index.php?pageID=15>

### Brinkworth Senior All-Star Meet:

- Hoffman Estates HS
- Date and Time: Friday May 19th, 6:00 ***NOTE the earlier start***

### Officials:

- Openings...
- It is not too late to get involved judging!
- Notes from Judging Clinic on the website: [https://docs.google.com/presentation/d/1Im7xwLY4q\\_dk1Yn-4sieIZ2GootJwycenzfq-aNxfvg/pub?start=true&loop=false&delayms=15000&slide=id.p](https://docs.google.com/presentation/d/1Im7xwLY4q_dk1Yn-4sieIZ2GootJwycenzfq-aNxfvg/pub?start=true&loop=false&delayms=15000&slide=id.p)
- Rate your officials after each Varsity contest

- ***PLEASE offer to Judge! Southern conferences are taken care of, 37 openings in Bob Russells northern area, he will send again- please sign up!***
- ***Get your assistants and former gymnasts to shadow or try to judge- shadow program offers \$25 up to 3 times to get comfortable judging.***
- ***We do not want to have openings and have to tell A.D.s we are short on officials- they will take that as indication our sport is on a downturn.***
- ***The good news is we have 51 registered, up several from last year- but we need them to sign up for a couple more each year***
- ***Please be patient with new judges and perhaps ask after a meet if you have questions***
- ***Please rate officials after each varsity meet- stay current with this and your top 15 list***

#### Clarification on new rules:

- All of the changes that were approved in December and that are going into effect this season are posted on the ihsgca website under interpretations. They were also emailed out today. Any changes that occur will be highlighted in gray
- ***Be sure to check both interps as well as new rules so you are familiar with them all season***
- ***Be sure to show stick and bring heels together after each landing***

#### Fundraising

- Open Gym Fundraiser Status:
  - Emailed Tracie to see if we would be breaking any IHSA by-laws in holding an open gym where gymnasts from all different schools are practicing together. Her response was that it is perfectly legal if we are not coaching at all during the open gym.
  - Gymnasts would pay \$10 for 3 hours of open gym
  - United States Gymnastics Training Center in Lake Zurich
  - Date is Feb. 25th
  - Thank you to Julian for offering this opportunity to raise money for our association.
  - ***We will move forward with this next weekend, so please spread the word so we can have some pit time and raise some money at the same time***
  - ***It will be at the Lake Zurich US Gymnastics Training Center from 4pm-7pm for \$10***
  - ***we do need coaches to volunteer to watch (not coach) the gymnasts while they practice***
- 50/50 raffle fundraiser at Conference Championship meets and/or Sectionals.
  - Tracie also said this was legal as long as we coordinated with the Sectional host schools and Administrations.
  - ***More info to come on this, we don't want to hit them at ALL meets, but could be a feasible way to gain some funding placing these at various strategic meets, would need volunteers to sell tickets***
  - ***Would seek approval from hosts to have fundraiser for our organization benefiting us instead of school***

#### **Brewery Options**

- Revolution Brewery (Chicago): We have to guarantee 50 people will attend and over all it will cost us \$1000. We get 2 hours unlimited pints of the five core house beers, non-alcoholic

beverages and a buffet of light appetizers. Tickets to the event would be somewhere in the ballpark of \$35

- Side Lot Brewery (Wauconda) On a Saturday or Sunday afternoon, don't have to rent the space. Can hold 60, or 100 if outside is open. At \$15/person you get one beer and some small food plates. 25% of ticket prices + 20% of proceeds come back to our association.
- What option would generate the most interest for attendance?
- ***We will send a survey to gather interested opinions – and we will pick and choose between Lagunitas or these two and go from there- it seems like most are interested in Chicago***

#### Important dates:

- Senior Gymnast of the Year: Nominations due at the April meeting (***April 19***). Please see the website for nomination forms.
- Resumes will be emailed to the association prior to voting at the sectional meet
- Rules interp video on IHSA deadline... ***March 21st***
- Seeding Information: ***Tuesday, March 28th***
- List of Participants: ***Monday April 17***
- ***Also be sure to enter participation numbers for the 5<sup>th</sup> day of practice***

#### Calendar:

**Wednesday, March 15th**

**Wednesday, April 12th**

**Tuesday, May 9th**

**Monday, May 15th (HOF)**

#### UIC

Remaining Meets:

- Sunday Feb. 26th 2:00 pm Nebraska
- Sunday Mar. 12th 2:00 pm Air force
- Saturday Apr. 8th 2:00 pm ECAC Championships

#### NAIGC – National Association of Intercollegiate Gymnastics Clubs

- List of club teams throughout the country [https://www.naigc.net/club\\_list.php](https://www.naigc.net/club_list.php)
  - Promotion of NAIGC to our gymnasts
  - ***Let them know about the fact that they can continue on with gymnastics in college as a club athlete – continue on supporting gymnastics, great opportunity and publicity for our sport***
    - Possible means of recruiting coaches/judges now and in the future

-Jarrod is hosting an NAIGC meet - ***the Midwest Open*** - on March 4th at Hinsdale South (Email was sent out by Josh Levin last week.

#### Coaches Needed

- NNHS needs assistant and frosh coach (Contact: New head coach Chris Stanicek at [cstanicek@naperville203.org](mailto:cstanicek@naperville203.org) or AD Bob Quinn at [RQuinn@naperville203.org](mailto:RQuinn@naperville203.org))
- Deerfield / Highland Park need assistant, maybe head coach (Contact Doug Foerch at [Dfoerch@dist113.org](mailto:Dfoerch@dist113.org))
- Lake Park needs assistant (Contact Tim Whelan at [timothywhelan@u-46.org](mailto:timothywhelan@u-46.org) or AD Pete

Schauer at PSchauer@lphs.org

- Glenbard East needs a head or assistant. Contact the athletic director

For the good of the Membership/Additional Items

- Clinics after March and April Meetings

Topics:

- Basic skills routines for JV or Varsity
- Conditioning
- Teaching specific skills - Kip L or Front Uprise L
- Common routine construction problems
- Common deductions
- Talk about dismounts
- Combinations to accomplish element groups
- Rule / Interps changes

Meeting Adjourned

*7:53, Ryan Brown motion Ryan Dul Seconded*