

IHSGCA November 17, 2010 Meeting Agenda



Members Present: Scott Hagel, Chris Cassidy, Scott Phillips, Paul Kim, Greg Gebhardt, Frank Novakowski, Blaise Blasko, Doug Foerch, Stephen Gale, Chris Stevens, Keith Mukai, Mike Galfi, Vic Avigliano, Ryan Dengel

Meeting Called to order 7:15 PM (Ryan Dengel), Seconded by Mike Galfi

Agenda Items:

Current Balance: \$18,608.55

Casino Night Fundraisers: Frank Novakowski is currently at work to try and bring a future Casino Night Fundraiser to the association. Please watch for Franks emails in the near future.

We are currently applying for our own Tax Exempt Form from the state, more info to come.

Website: Just as a reminder, please check the IHSGCA.org website. It is constantly updated by Frank Novakowski and has the most up to date information.

Interpretations of the rules should be on the website soon.

Winter Clinic: Dec. 3 at Rolling Meadows, 8:30 a.m. – 2:30 p.m.,

8:30 am - 9:20 am	Registration
9:20 am - 9:50 am	IHSGCA Meeting
9:55 am – 11:25 am	6 Event Clinic RoundTable
11:30 am – 12:20 pm	Lunch
12:30 pm – 2:30 pm	Rules Q&A Session—Doug Foerch, Blaise Blasko (Rules Interpretation is now ONLINE)

The winter clinic will probably be held in a separate room from years past. Please be aware of this when at the clinic. This year, the IHSA is pushing for all rule interpretation meetings to be online. They will probably be available by late February – Early March.

The officials will be doing their rules interpretations online as well this year.

Coaches looking for Teaching and/or Coaching positions: Steve Geuss, Jesse Piland, Andres Tovar, Brian Bekkedal, Jason Brandenburg, Bob Holloway, Scott Headley, Nikko Winstead All searching and updated on the Website

Please email Frank Novakowski to update your information so he may add/remove coaching positions and availabilities on the website.

Schools looking for Coaches: Addison Trail- Assistant Boys Coach

Brinkworth All-Star Meet: Massachusetts, New York, and Texas are all interested in the National Meet in Florida this year. The association has also expressed a desire to have an “All Star Senior Meet” this year after state. What would members of the association like to see?

We will be discussing each option at the Winter Clinic and voting upon our course of action at the clinic.

- 1) Go to Florida to compete at the National meet with Massachusetts, New York and Texas
- 2) Keep our meet with Texas and have them fly to Illinois this year
- 3) Run a Conference All-Star meet with a banquet with the schools and conferences from Illinois

Golf Outing/Hall of Fame Banquet: There is no HOF Inductee this year. The Steering committee is considering moving the State Meet Awards and the Passing of the Gavel to the “All Star Meet”

- This is an option only if we choose to have the Conference All-Star meet.

Rule Changes:

Passed - Doug Foerch: 12 minute warm-ups at Sectional meets instead of 15 minutes, also with a possibly of cutting

out the last Open Warm-up, which is 15 minutes. Rationale: Gymnasts do not need this time and tend to over-warm-up or sit around getting cold. There is also plenty of time for specialist to g back to events several times during the second half of timed warm-ups.

No Action Taken (did not pass) -Doug Foerch: Allow 3 coaches on the floor at the state meet for the individual competition. Rationale: three coaches would make the meet warm-ups and competition safer for schools with multiple qualifiers, there is plenty of room and no down side.

Withdrawn - Doug Foerch: Exhibition rule: Allow every team TWO TOTAL exhibitions for each meet (i.e. 6 men competing on an event for JV instead of 5). Rationale: Allowing Freshman/JV who does not have a spot to compete a chance to compete without their score counting for or against the team score. Done in many other sports already. I think this too might be a change for our association. Actually, it was taken out of the II HS Interps to the NF. So as of now, there is no rule prohibiting exhibition. So maybe we just want to handle it internally.

No Action Taken

Frank Novakowski:

State Meet: Should have Alternates (replacement athlete), meaning that there should be a gymnast or two on each event who technically did not make it to state At Large, be able to go to the meet in case a gymnast who has made it drops out for any reason.

Passed

Skip Adamson: **Boys State series Changes**

Move the all-around competition to the same night as the team competition.

Logistics

If you were to go to a Friday meet with team and all-around decided that night. Then the following statistics should be known.

2006 18 AA not on teams in the meet, can be broken down into 4 groups

2005 16 AA not on teams in the meet, can be broken down into 4 groups

2004 17 AA not on teams in the meet, can be broken down into 4 groups

2003 15 AA not on teams in the meet, can be broken down into 4 groups

So one can draw the conclusion that you might never reach the hidden limit of 20 extra spaces in the team meet. (12 x 5 = 60 slots in a rotation, there are presently only 8 teams so there are 4 x 5 = 20 slots still not used and in fact detrimental to one team in the meet as presently formatted. One team is up first in more than one rotation)

The reasons for the possible change would be as follows:

- The Friday night meet / Saturday morning meet is VERY hard on the team all-arounders physically and mentally.
- There is a built in advantage for the non-Team all-arounders by not competing back to back. It is inherently unfair to make an athlete be perfect for two meets within 18 hours apart. It is unlike any other sporting event when you can overcome slight flaws.
- You would get more gate since you would have more schools represented. The 8 teams and then multiple other schools (one year had 12 other schools). It might increase other teams bringing the whole team to the meet since there might only be one all-arounder from the school in the meet (the lone stud on the team).
- The consecutive meets would affect only team and all-arounders, it might help get more individuals/schools into the event finals. The all-arounders might concentrate on only a few events, the intensity to hit all events would not be as high.
- The all-around is the second most prestigious event in the series (behind team champion) and it would be great to have them run at the same time to bring the excitement into one event. The mental drain on the athletes over the 24 hour period is excessive. The only drawback that I can see is that there might be an advantage to the team all-arounder since they will get to compete with a team. This argument could also be made that the groups of the all-around "teams" might also help those athletes since they will all be very good and the intensity would also rise. There would still need to be some guidelines as to how to divide the all-around groups up (by sectional?), and whether to rank them in order of event score or not. In general this sounds like it should be a great idea on all levels that is not as dramatic a change as changing the meet by a week, or setting up another gym. Or introducing more teams to the state meet which seems to be a sticking point for the IHSA.

Updated

Ben Anderson/Chris Stevens

Chris Stevens had brought up a wanting to make a rule change for Frosh/Soph tumbling requirements. He did not have a specific change, just that alternates should be removed as a requirement because of it's lack of progression for the varsity level.

I'd like to propose a specific requirement: A change in direction of B-value or higher. This may include front step-outs, back-salto-front salto combinations, back handsprings w/ 1/2 twist, front salto w/ 1/2 twist, arabian step-outs etc. If you have any questions feel free to give me a call or talk to me at the association meeting tonight.

- 1) Have a front and back salto in the routine**
 - 2) Bounders**
 - 3) Salto with at minimum of a 180 degree twist**
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Withdrawn

Keith Mukai:

Replace the freshman alternates requirement on floor to:
A "B" (or better) salto out of flip flops or a hand spring.

Vote one of three possibilities

I propose to change the under level rule on horizontal bar to (Patrick Cole):

1. 2 Giants in either direction
2. Change of direction in or out of giants
3. Salto dismount

Or

1. 2 Giants in either direction
2. Skill of B value
3. Salto dismount

Or

Keep the same

- 1) Above/Below/Above trick
- 2) Cast hand (or trick through a handstand)
- 3) Salto Dismount

If you plan to be on varsity, you must have giants. Therefore, they should be required on the lower levels. Not just a hanstand, but real giants.

A yes vote here will send this proposal to the Advisory Committee

Proposal to change Boy's Gymnastics to a Fall Sport (Bill Cordts)

Pro's

- Less competition for athletes as opposed to the emergence of further spring sports
 - Lacrosse
 - Water polo
 - Bass fishing
 - Spring wrestling
 - Cheerleading
- Better gymnastics
 - More time to train beginners during intense summer camps, which will make summer camps important instead of being non-productive. (9 weeks of practice before first meet as opposed to the current 3 weeks)
 - More practice time = less spotting through routines = Saving coaches bodies
 - Increase number of possible club gymnast to join because of no conflicts with club meets or national team
 - More practice time at the start of August to work with kids in gym to prepare for first meet because school still on summer break.
- Less conflicts
 - No scheduling problems for differences in spring breaks
 - No overlap with winter sports such as girls gymnastics, wrestling, & swimming
 - Kids do not have to decide between prom and State series competition
 - Club gymnasts do not have to pick between High School and Nationals
- Increase Participation and draw attention to our sport in the fall
 - More kids are motivated to join a sport in the fall then they are in the spring
 - Gymnasts can perform in school pep assemblies at your school to gain attention in the fall.
 - More Cheerleaders would be willing to stay in gymnastics to compete and get better at tumbling with quality instruction from coaches.
 - No indoor male sports in the fall which may generate fans to attend meets especially as the weather gets colder outside.
 - Promotion of our sport by having demonstrations at middle schools or providing spring camps to younger kids to generate interest.(in other words get them involved in our sport before they walk in to our schools and get influenced by other sports)
 - Club gymnast will want to be a part of our season and may result in more teams being added overall = less jeopardy of being a sport at risk of being dropped.
- Renew relationships with club gymnastics and benefit each other
 - Encourage high school kids to join club in offseason
 - Club kids want to be a part of what we have to offer and do not have to make tough decisions in the spring.
- Spring Break- enough said

- More judges - Retirees may stick around before they take off with the winter birds, collegiate kids may be more inclined to judge high school for extra money and no conflicts because they are in season.

Cons

- Possibility of losing gym space in spring to open up facilities for spring sports
- Some coaches depend on recruiting for gymnastics because it is offered in the PE curriculum and some feel they may lose those athletes.
- Some coaches may already coach a fall sport and may lose coaches as a result.
- Some coaches may not want to spend long summers in hot gyms

Ideas to consider

- Change freshman level to frosh/soph that way we do not need to worry so much about recruitment of freshman. We can still offer gymnastics in the PE curriculum and still try to recruit gymnast and offer off -season open gyms.
- Spring sports are now going to non – cuts, which means even less kids to choose from.

An addition to the proposal to move boys gymnastics to the Fall was given by Mark Watman

I have been recommending this for years, but maybe now is the time to re-visit the idea. Move boys gymnastics to the fall and girls to the spring. In the Fall we would get more boys out, the club kids would come out and this would count for more teams, no vacation weeks, and most importantly; the quality of athlete coming out for gymnastics would be significantly better. Pole - vaulters, sprinters, wrestlers, divers, the smaller frosh-soph baseball and volleyball players. These are the athletes we're competing for in the late winter/spring and lose to those other sports. The girls would get the cheerleaders. Everyone wins and the sport grows.

New Business:

Has anyone heard any new information regarding Nequa Valley and Waubonsie Valley High Schools adding as a CO-OP this year?

Reminder: for the proposed rule, one person will speak for the Pro's, another will speak for the Con's and then the association will vote. There is to be no discussion on these rule proposals since they were to be discussed and were discussed at the November association meeting.

The IHSGCA is considering creating a set of guidelines or proposed beliefs that discusses the recommendations as to “How” teams (not individual competitors) are run and formed.

Ex – Teams should recognize more than 1 – level

Ex – Teams should host home competitions

Etc...

Ideas about this document can be discussed at the next association meeting.

Motion to Adjourn (Ryan Dengel)

Seconded (Michael Galfi)

Meeting Adjourned: 8:30 PM

