



IHSGCA December Minutes

Dec 1, 2017

@IHSGCA1961

Call to Order: 8:30am

Attendance: Scott Phillips, Steve Foerch, Chad Jaros, Eric Harima, Erik Bostrum, Ryan Dul, Ryan Brown, Keith Mukai, Phil Gilmer, Brandon Tucker, Adrian Batista, Brandon Nagita, Ray Payne, Kyle Padera, Dave Masciola, Greg Diedich, Bill Cordts, Tim Whelan, Justin Price, Mike Galfi, Blaise Blasko, Frank Novakowski, Alex Pajor, Paul Kim, Matt Meyer, Dominick Basso, Dave Donaldson, Howie Sokal, Jun Yun, Chad Downie, Mark Wanner, Scott Hagel, Jason Brandonberg, Zack Crandall, Jesse Piland, Greg Gebhardt, Jay Sipek, Howard Rubin, Rob Defano, Jim Letz, Julian Basler, Mason Vernon, Bob Russell, Dave Calish, Sam Zeman, Tom Huml, Jon Brandt, Doug Foerch, Tim Akins,

Total People: 49

Current Balance: 9460.68

2017 Fundraising:

- Revolution Brewery: held on Tuesday, Aug. 8, 2017
 - Overall, positive responses from those who attended; approx. 70 people, this is more than the attendance at Lagunitas.
 - The food was great; it was much less work because Revolution provided the food as opposed to us bringing the food in.
 - \$950 profit.

- 50/50 Raffle
 - \$118 profit
 - This raffle was only held at one sectional: Glenbard West.
 - Because of short notice, we weren't able to get approval or accommodations needed to run the raffle at the other sectionals.
 - Prior to the conference and sectional meets, 50/50 kits will be created; kits will contain the following:
 - Letter to the AD and principal relaying pertinent information regarding the IHSGCA, the 50/50 raffle, and how the profited funds will be used.
 - Instructions on how to run a 50/50 Raffle.

- Posters and signage to be displayed at the event.
 - Raffle tickets.
 - The hope is that being provided everything necessary to conduct the raffle, more locations will host them.
- Senior All-Star Meet Donations
 - \$230 profited from the door and donations.
 - \$250 profited from program ads and shout outs.
- Open Gym: USGTC & Gymnastics Shop
 - Thank you Julian Basler for hosting these fundraising open gyms.
 - \$465 & \$280 profit

2018 Fundraising:

- Possibilities:
 - Repeat Revolution Brewery Fundraiser - Frank Novakowski will look into this.
 - Team set-up and tear-down of club invites - Greg Gebhardt will look into this.
 - Tucker: Fast, easy, and large sum of money.
 - Another date at Lagunitas if there is enough interest.

2018 Season:

Season Begins:

- Monday, February 12, 2018

Sectionals:

- Seeds due March 27, 2018
- Sites TBD
- Wednesday - Saturday, May 2-5, 2018

State Meet: NEW LOCATION

- Fri.-Sat., May 11-12, 2018
- Hoffman Estates High School, 1100 W. Higgins Rd, Hoffman Estates.
- Doug Foerch - Attempt to start team finals earlier on Friday: ideally 12:00pm
 - Host school in recent years have not been able to accommodate that request.
 - Friday, team competition start time has not been discussed; HEHS has a full day of school on Friday, May 11, so an earlier start time is not likely.

Golf Outing / HOF Banquet:

- Monday, May 14, 2018, 7:00pm
- Morava Center 110 W Camp McDonald Rd, Prospect Heights
- Inductees: Howard Rubin and Scott Hagel
- Coaches awards will be announced before state competition on Saturday
- Certificates will be handed out at the HOF Banquet
- Old Orchard Golf Club in Mt. Prospect

- Golfing is optional; please make every possible attempt to attend the HOF Banquet.

Brinkworth Senior All-Star Meet: NEW LOCATION

- A new host school is needed as Hoffman Estates will be hosting the State Meet
- Tentatively - Friday, May 18, 2018, 6:00pm
- Date flexible
- Does not have to be free but possible perk

Judges' Clinics:

- Tuesday, Nov 14, 2017 and Thursday Nov 16, 2017 (must attend both sessions) 6:00pm - 9:00pm
- Glenbard West High School - Biester Gym - upper classroom - G5
- 22 in attendance, we need more judges - please plan to attend next one!
- Reach out to former graduates to help. Reach out to girls' coaches, assistants, etc.

Saturday, February 3, 2018 8:00am - 2:00pm

- **Glenbrook South High School - Room TBD**
- Food will be provided.
- Frank: better to be certified and ready to judge than force a coach to judge. Would look bad if we run out of judges.
- Blaise: Important we get more judges. Dave Johnson, Blaise Blasko, and other veterans not coming back, cutting back or retiring soon. We do not want to show our A.D.s our sport is suffering by not having judges at meets. Additionally, being a judge makes you a better coach and helps you know the rules more thoroughly.

Rulebook:

- The most current edition of the rules which IHSA Boys Gymnastics abide can be found at
 - <http://www.ihsgca.org/index.php?pageID=19>
- The most current edition of the FIG Code of Points can be found at
 - http://www.fig-gymnastics.com/publicdir/rules/files/mag/CoP_MA_G_2017-2020_ICI-e.pdf

Conference Reps:

Responsibilities include:

- Gathering communication information at preseason conference meeting
- Reporting Coach of the Year at all levels and Brinkworth Senior All-Star Meet information to the secretary (Chad Jaros)

CSL- Adrian Batista - nominated by Dul

MSL East- Zack Crandall - nominated by Phillips

MSL West- Scott phillips - nominated by Crandall

DVC- Greg Grebhardt - nominated by ?

WSC Gold- Bill Cordts - nominated by ?

WSC Silver- Frank Novakowski - nominated Pajor

Independent- Jesse Piland - nominated by ?

South Suburban- Mike Opsal - nominated by ?

IHSGCA Meeting Calendar:

Assoc: Wednesday, November 15, 7:00pm @RMHS
Assoc: Friday, December 1, (Winter Clinic) @HEHS
Assoc: Wednesday, January 17, 7:00pm @RMHS
Assoc: Wednesday, February 21, 7:00pm @RMHS
Assoc: Wednesday, March 21, 7:00pm @RMHS
Assoc: Wednesday, April 18, 7:00pm @RMHS
Assoc: Tuesday, May 8, 7:00pm @RMHS
HOF: Monday, May 14, 7:00pm @Morava Center

For the good of the Membership/Additional Items

NAIGC – National Association of Intercollegiate Gymnastics Clubs

- [List of club teams throughout the country](#)
 - https://www.naigc.net/club_list.php
- Please promote NAIGC to our coaches/gymnasts
 - A Great way to get gymnasts involved post-high school. Many athletes don't want to be done after graduation, but are forced to. Publicize these clubs for them in case they aren't aware their college has one.
- Possible means of recruiting coaches/judges

UIC/Windy City Invitational

- [Windy City Invitational](#)
 - <http://www.windycitygymnastics.com/>
 - January 12-15, 2018 held at Navy Pier this year
- [UIC Men's Gymnastics](#)
 - <http://www.uicflames.com/index.aspx?path=mgym>
 - UIC will host NCAA Championships April 19-21, 2018
 - <http://www.ncaa.com/sports/gymnastics-men>
 - try to get a large showing from the association
 - Blaise: Former NCAA coaches challenge Ihsgca to support NCAA Championships
 - OUR ROLE IHSGCA all coaches must support this, 1. put on the calendar 2. get gymnasts and school involved 3 schools volunteer to get busses and kids from other schools find old assistant coaches
 - setting up website and other forms of media to support this
 - SAT 21 6pm hopes to turn people away from the door it is so crowded
 - Get group hotel rates
 - tickets on sale 1st week of January for pre purchase
 - Group rate in the works all Session pass 25\$???
 - best chance to watch future olympians
 - 7000 capacity
 - Friday 1pm and 7pm
 - 12 teams including individuals
 - teams and individuals at all 3 sessions
 - Charley will attend the winter clinic to discuss more details

The Midwest Open Collegiate Meet

- Saturday, March 3, 2018, Hinsdale South High School

IHSGCA Meeting Mini Clinics

- Following each of the association meetings, mini-clinics will be run by fellow coaches.
 - If you'd like to run a mini-clinic please let me know.

Harper College Setting Up Club Team

- Contact Eric Harima at Gymnastshs@gmail.com with potential gymnasts at Harper

Voting Eligibility:

- Full members must attend two meetings *before* the May meeting to be eligible to vote on association matters.
 - The Winter Clinic *does* count as one meeting.

Proposal 1:

Remove rule mandating covering of tattoos

Tim Hamman

In our rulebook the following is listed:

p.29 H.3 Any visible tattoo that is not covered receives a medium behavior deduction.

I would like to propose to delete/abandon/not enforce Rule H3 on page 29 to be more in line with current attitudes and JO / NCAA rules on this noncompetitive issue.

Rationale

This is an archaic and old fashion rule. This is a rule for when tattoos were less prominent in our society. Not matter your personal opinions on tattoos, it is a fact that more and more coaches AND students have them as the attitudes towards them in our culture have shifted. This is also evident in the fact that JO, NCAA, and beyond no longer have this rule. It would be ironic that our gymnasts can go to a meet at UIC and see college gymnast with uncovered tattoos, but then be forced to cover them for a high school meet.

These is also the issue of the tape and whatnot used to cover the tattoo hindering the performance of the gymnast, coming lose during a routine/falling off. I at this point see no justification for this rule, and a performance justification **against it**.

Pro:Self expression cover up identity- Pajor

Con:Mostly minors parents would not like it. Doesn't represent our sport.-Yun

Voting Results: Pass

Proposal 2:

All-State Definition

Brandon Tucker

When a gymnast places in the top-10 in the event finals they are an ALL-STATE athlete. **add top 5 A.A.**

Tucker: easier to get kids up on walls.

Blaise: discussion with Tracy- up to newspapers or association

Rationale

I think our association should help support our gymnasts to receive accolades. Many schools have different policies concerning what constitutes "All-State" but we are the experts and should define this in our constitution.

We could make this top-3 or top-5, but I would rather be more inclusive and recognize the top-10, I feel as if it will help promote / prolong our sport.

Pro: One of the only sports without all state definition. good for the sport - Gebhardt

Con: 10 is too many people - Pajor

Voting Results: Pass

Proposal 3:

Rules committee to distinguish rule changes from interpretations

Chad Jaros

Part 1:

The Rules Committee shall distinguish between a "rule change" and an "interpretation".

Rule Change Any statement that contradicts or amends an existing rule, or creates a meaningful addition to the rules as outlined in the NFHS Manual and FIG Code of Points.

Interpretation Any statement that explains or clarifies the meaning of rules or how rules apply to routine construction and evaluation. An interpretation may not contradict, amend, or create a meaningful addition to the existing rules except in the case that two or more rules contract each other.

Part 2:

The Rules Committee may make and disseminate interpretations at any time.

The Rules Committee may not make or enforce rule changes during boys season except to ensure the safety of the gymnasts. Rule changes should be voted on by the Association prior to enforcement. This applies to rule changes initiated by the association as well as rule changes being incorporated from JO.

Interpretations and rule changes shall be distinguished from each other when they are published, either by tracking them in separate documents or by denoting the type of statement if they appear in the same document.

Rationale

The goal of this is to help the Rules Committee be crystal clear about the effect of any statements made during the season, and to help avoid modifications to the rules while season is in session. Enforcing new rule modifications during season has historically been a source of confusion for judges and coaches that we can avoid.

Pro: Creates clarity on when rules changes can be applied. A non fig skills changed during the season creates confusion-Jaros

Con: New rules come in each year. We discover the issues during the season and we don't want to have our hands tied. -Mukai

Voting Results: Pass

Proposal 4

Allow proposal and adoption of rule changes in any year

Chad Jaros

The IHSGCA may propose and adopt rule changes in any calendar year. Rule changes will be added to a Rule Updates appendix to the NFHS Manual and will supercede the rules written in the FIG Code of Points and the NFHS Manual.

The Rule Updates appendix may not be modified during boys season. If a rule change is voted on and approved during season, it will be incorporated into the Rule Updates appendix following the State Series and first enforced the following season.

Every effort should be taken incorporate all of the Rule Updates into the new NFHS Manual whenever it is rewritten.

Rationale

I don't see any reason why need to wait for a NFHS Manual rewrite to propose and adopt rule changes. JO has historically amended their rules between FIG Code updates using a document similar to the proposed Rule Updates appendix. Also, a Rule Updates appendix seems to be authorized by our current NFHS Manual in Chapter 2, I.A.1.c (page 27).

Pro: Adjusts rules more consistently. Ihsa Approved -Jaros

Con: Change rules every can create confusion- Novakowski

Voting Results: Pass

For the good of the Membership/Additional Items

Winter Clinic

Luke Yanule

3 basic tenets

1. Modeling- it begins with **you**
 - a. appearance
 - b. contracts- parents, students, and coaches.
 - c. dress up for game day
 - d. preparation
 - e. in behavior
 - f. Challenges?
2. Accountability
 - a. Confidence Rosabeth Moss Kanter
 - b. Accountability
 - c. collaboration
 - d. Inspiration
 - e. It's not about "winning" it's about standards (the "process")
 - f. Morality
3. Rapport
 - a. find out who the kid is
 - b. Why do you kids compete? why are your kids there? ask them.
 - c. Marching off the matt Tim Elmore??
 - d. Acceptance and abundance- figure out what the kids need.
 - e. show support and show trust
 - f. Coach Wooden's pyramid of success
 - g. must be built
 - h. based on trust
 - i. must be about standards
 - j. excuse-free
 - i. no idle gears in life- you're either getting better or worse
 - k. Coach'em hard, Hug'em harder (not personal)
 - l. Parcells quote on expectations

Resources

1. teach like a champion
2. @thehabitfactor

3. @teachlikeachamp

The talent code - The element - Mindset- The Power of habit -

Charlie Nelson- Uic

3124981948

cnels4@uic.edu

See him as a resource

January 13th Windy city Invite at Navy Pier

NCAA championship

Friday April 20th- two sessions 1pm and 7pm

Saturday April 21st- championships 6pm

UICflames.com for more information

Jeff Levin

Mike Burns sent a challenge on facebook to fill the stadium

Don't Underestimate what a event like this can do for your gymnasts

We are the group that can save this sport

we **NEED** this NCAA championship to be successful

Frank Novakowski - rules changes

new score format

.5 element group 1,2,3

.3 A value FIG dismount .5 B Value dismount

6.0 Execution

2.0 difficulty

FX

No stick bonus for B value dismount on FX

no skill on floor may be repeated for value

.1 flair through handstand eliminated

EGIII "D" or higher multiple layout salto bonus

PH

all skills, except scissor and dismount, must be followed by a circle

bonus-all removed

EG2 E or higher flop .2 bonus

EG3 E or higher 360 travel .2 bonus

SR

EG 2-3 C or high without a large deduction .2 bonus

lock arm giant bonus removed

lock arm press bonus removed

PB

No skill can be repeated

EG 1 D or higher .2 bonus

EG3 E or higher .2 bonus

HB

Any D or high Jam to handstand .2 bonus