

IHSGCA Meeting, May 8, 2018 Agenda/Minutes

Call to order: 7:00 pm

Attendance:

Balance :

➤ Current Balance - \$10,244.13

Balance last year at this time - \$10,315.77

State Meet:

- > Please be aware of the new host location
- ➤ Friday/Saturday, May 11th & 12th
- ➤ Hoffman Estates High School, 1100 W. Higgins Rd, Hoffman Estates, IL 60169
 - Coaches, officials, and competing athletes should enter through Door 8.
 - Drive to the back of the main parking lot, toward the tennis courts and baseball fields; Door 8 is located just on the other side of the pool.
 - Spectators should enter through Door 10.
 - Park in the main parking lot; the upper athletic doors are clearly labeled as Door 10.

John Brinkworth Senior All-Star Meet

> Please be aware of the new host location

- Hinsdale South High School
- Friday May 18, 2018 6:00pm
 - A huge thank you to Anthony Colant and the staff Hinsdale South for hosting.
- > Each competing gymnast MUST have a coach from their school in attendance.
- Thank you in advance to the volunteer judges: Chad Jaros, Greg Gebhardt, Vic Avigliano, Randy Gentile, Mark MacDonald, Mike Brackmann
 - It may be a good idea to get some less experienced judges to shadow/sit along-side the actual officials of the meet if anyone is interested.
 - This meet will offer a diversity of skills and skill levels while also being "low stakes" for the gymnasts and coaches.
- Seek sponsors and donations for program ad space
 - Email or send a letter to local businesses asking for donations from businesses, parents, and former gymnasts, or to pay for an AD in the program.

Please encourage your athletes to compete serious routines - no joke routines. They can have fun with the handstand and back flip contests.

Coach of the year award winners: Frosh, Assistant, Head:

- CSL: Assistant -Ray Payne, Tori Chung, Jaqueline Sanchez, Brandon Nagita, Head Doug Foerch
- ➤ MSL East: Frosh Bob Esposito, Assistant Bridget Erickson, Head Mike Costa

- > MSL West: Frosh Scott Phillips, Assistant- Eric Harima, Head- Erik Bostrom
- > DVC: Assistant Jay Sipek , Head Chris Stanicek, Greg Gebhardt
- ➤ WSC Gold: Bill Cordts
- > WSC Silver: Assistant -Cj Johnson, Alex Pajor, Head Frank Novakowski, Sam Zeman
- ➤ Independent: Jesse Piland
- South Suburban: Mike Opsal
- Two at large spots to be nominated at May meeting prior to voting on IHSGCA Head Coach of the Year.

➤ <u>Conference Reps:</u>

- CSL- Ryan Dul
- MSL East- Zack Crandall
- MSL West- Tim Hamman
- DVC- Greg Gebhardt
- WSC Gold- Bill Cordts
- WSC Silver- Frank Novakowski
- Independent- Jesse Piland
- South Suburban- Mike Opsal

Rdul@glenbrook225.org zach.crandall@d214.org

- thamman@d211.org
- greg.gebhardt@cusd200.org
- bcordts@leyden212.org tie breaker at sectionals
- frank.novakowski@cusd200.org
- jesseppil@aol.com
- mvopsal@yahoo.com

- > Conference reps please
 - When the meet concludes verify with the seniors selected if they are able to compete at the all-star meet. If not figure out who the next athlete in line would be on each event.
 - Also consider selecting one alternate on each event and let him know that he may compete if someone can not make the meet or is injured prior to competing (Alternates will also get certificates if he decides to be an alternate and attend the meet)
 - Report Coach of The Year info from **all levels** and Brinkworth Senior All-Star Meet info to the secretary (Eric Harima) <u>gymnastshs@gmail.com</u>
 - Remind Coach of The Year winners to attend Hall of Fame Banquet to receive their award.

Senior Emails/Contact info:

- Over the last few years coaches were asked to get their seniors contact info in hopes to keep their involvement in IHSA gymnastics beyond high school.
- Please continue doing this by passing this link onto your gymnasts.
- https://docs.google.com/forms/d/1BgGkw2ztLKuEIbxhwgbj3VAY877kui-He_h_ oMS_bVk/viewform?edit_requested=true

Golf Outing / HOF Banquet:

- Golfing is optional; however, please make every possible attempt to attend the HOF Banquet.
- Monday, May 14, 2018. Morava Center
 - 110 W Camp McDonald Rd, Prospect Heights, IL 60070
- Inductees: Howard Rubin, Scott Hagel
- Coaches awards will be *announced* before state competition on Saturday, May 12 but the *certificates will be handed out at the HOF Banquet on the Monday, May 14.*

- Tee-Times start at 3:30, four have been reserved:
 - Complete the form found on the IHSGCA website to reserve your spot: <u>http://www.ihsgca.org/index.php?pageID=18</u>
- Banquet begins at: 7:00 PM
- Please RSVP by Wednesday, April 25, 2018 using the link below. 4 RSVPs so far
 - <u>https://goo.gl/forms/q3fO2gsNIHzpRBe13</u>

Hall of Fame 2019 Inductee Voting

➤ Howie Rubin will handle HOF 2019 inductee voting. This took place at sectionals.

<u>Fundraising:</u>

- > 50/50 raffle fundraiser at schools who host Sectionals this year.
 - Wheaton \$36
- ➤ Revolution Brewery Fundraiser
 - Erik will send out emails and communicate with the new exec board and SC committee prior to the Revolution date
 - Revolution Aug. 8, 2018 for our summer fundraiser.
 - Waiting to see about another date for Lagunitas
 - We will find out sometime around June
 - June 1st we will reapply

Voting on Nominated Positions/Awards:

On the ballot

- > Executive Board/Secretary (1 position open/Vote for ONE):
 - Ryan Dul
 - Jesse Piland
- Steering Committee (5 positions open/Vote for FIVE):
 - Frank Novakowski
 - Joe Rogalski
 - Alex Pajor
 - Bill Cordts
 - Kyle Padera
 - Jun Yoon
 - Tim Whelan
- ➤ Hall of Fame (2 positions open/Vote for TWO)
 - Scott Phillips
 - Frank Novakowski
 - Steve Foerch
- > Outstanding Press Coverage Award (1 award winner/Vote for ONE):
 - Dick Quagliano
 - Chris Walker
- ➤ Coach of the year voting Ryan Brown, Caleb Strejc
- Voting on constitutional amendment Pro:push coaches to attend meetings Con:Julian not all coaches can attend that many meetings

Philanthropy:

2018 Brinkworth and IHSGCA scholarship winners will be announced at the State meet Awards ceremony Saturday morning prior to warm ups.

NCAA Championships:

- > Follow-up- Good for kids to see. Inspirational routines. 250 boys wearing IHSGCA tshirts
- > Thoughts? Reach out to Charley to see how NCAA felt

Proposals

- > All rules proposals should be submitted to the secretary in writing by today's May meeting.
 - Please see the Constitution excerpt for complete rule change details.
 - The Constitution in total can be found on the IHSGCA website.
- > Please take a look at the google doc or printed packet of proposals.
- IX.A.4 "A proposer will read and explain his proposal(s) and answer questions only for clarification."
- ➤ IX.A.5 "No debate shall be allowed on any proposal at this meeting."
- IX.A.6 "A proposed rule change must be seconded by a full member to be brought before the membership for debate; otherwise it will be dropped from further consideration."
- > New Proposals (Discussion in November, Voting in December):
 - Rule Update to eliminate 0.5 team deduction for a failed second inquiry, proposed by Zack Crandall
 - Second Tim Whelan
 - https://drive.google.com/file/d/0B_YCc-NWDL3qZ3ZJVmZiZ0hscWVDa3Bac1 BVWnlPTDlsNkR3/view?usp=sharing
 - Rule Update to move gymnastics to a Fall sport, proposed by Bill Cordts
 - Second-Eric Harima
 - https://drive.google.com/file/d/0B_BwcOqIAb0oWm1wd21UTWh6SlZTZXp6R3 NKMmdEU2NtYmtj/view?ts=5aefe04f
 - Rule Update to clarify the requirement to circle out of a skill on PH, proposed by Keith Mukai
 - Second-Eric Harima
 - https://drive.google.com/file/d/0B_BwcOqIAb0oVEpMUzF2M0d0VUYyX1RfV kR4emV4TVdZekhv/view?ts=5aefe05c
 - Rule Update to replace frosh mushroom bonus 2 flares with 1 moore, proposed by Keith Mukai
 - Second-Tim Whelan

- https://drive.google.com/file/d/0B_BwcOqIAb0oQVdSUkh2bWw3WVlBam1WS nFGUTJoUGc2a1FJ/view?ts=5aefe06f
- Rule update to clarify that 6-8 parts are needed to get bonus for .8 or less execution deductions, proposed by Blaise Blasko
 - Second Tim Whelan
 - https://drive.google.com/open?id=0B_YCc-NWDL3qOUFoYWdtZFRpWUE2U WRhT09Za0o0WkVPVFZR
- Rule update to specify that PH non-diagrammed A skills (single leg circle and single leg travel) begin and end in front support with leg moving in correct direction, proposed by Blaise Blasko
 - Second- Zach Crandall
 - https://drive.google.com/open?id=0B_YCc-NWDL3qOUFoYWdtZFRpWUE2U WRhT09Za0o0WkVPVFZR
- Rule updates to eliminate .1 bonus for .8 or fewer deductions, proposed by Brandon Tucker
 - Second Mukai
 - https://docs.google.com/document/d/1AcLhIpKu6cBze4xY1BM6CEynVQ1xiXs AzTICa6F2L8s/edit?usp=sharing
- Rule updates to eliminate FX element group III D or higher multiple layout salto will receive 0.2 bonus, proposed by Brandon Tucker
 - Second Eric Harima
 - <u>https://docs.google.com/document/d/1AcLhIpKu6cBze4xY1BM6CEynVQ1xiXs</u>
 <u>AzTICa6F2L8s/edit?usp=sharing</u>
- Rule Update FX Eliminate- element group II, E or higher including E flop will receive
 0.2 bonus, proposed by Brandon Tucker
 - Second- Hagel
 - <u>https://docs.google.com/document/d/1AcLhIpKu6cBze4xY1BM6CEynVQ1xiXs</u>
 <u>AzTICa6F2L8s/edit?usp=sharing</u>
- Rule Update FX Eliminate- E or higher element group III travel with 360 turn will receive 0.2 bonus, proposed by Brandon Tucker
 - https://docs.google.com/document/d/1AcLhIpKu6cBze4xY1BM6CEynVQ1xiXs AzTICa6F2L8s/edit?usp=sharing
- Rule Update PH Add- a 0.1 Bonus for all circling FIG skills that include at least 180 turn (i.e. spindle, czeckehr, Russian, schwabenflank), proposed by Brandon Tucker
 - Second-Mukai

- <u>https://docs.google.com/document/d/1AcLhIpKu6cBze4xY1BM6CEynVQ1xiXs</u>
 <u>AzTICa6F2L8s/edit?usp=sharing</u>
- Rule Update SR Add- any FIG skill done to handstand for credit will receive a 0.1 bonus, proposed by Brandon Tucker
 - Second- Harima
 - <u>https://docs.google.com/document/d/1AcLhIpKu6cBze4xY1BM6CEynVQ1xiXs</u>
 <u>AzTICa6F2L8s/edit?usp=sharing</u>
- Rule Update PB Eliminate- D or higher element group II skills receive 0.2 bonus, proposed by Brandon Tucker
 - Second Whelan
 - <u>https://docs.google.com/document/d/1AcLhIpKu6cBze4xY1BM6CEynVQ1xiXs</u>
 <u>AzTICa6F2L8s/edit?usp=sharing</u>
- Rule Update PB Eliminate- E or higher element group III skills will receive a 0.2 bonus, proposed by Brandon Tucker
 - Second Harima
 - <u>https://docs.google.com/document/d/1AcLhIpKu6cBze4xY1BM6CEynVQ1xiXs</u>
 <u>AzTICa6F2L8s/edit?usp=sharing</u>
- Rule Update PB Add B or higher swing to hand will receive 0.1 bonus, proposed by Brandon Tucker
 - Second Harima
 - <u>https://docs.google.com/document/d/1AcLhIpKu6cBze4xY1BM6CEynVQ1xiXs</u>
 <u>AzTICa6F2L8s/edit?usp=sharing</u>
- Rule Update HB Eliminate D value jam to handstand will receive 0.2 bonus, proposed by Brandon Tucker
 - Second Harima
 - https://docs.google.com/document/d/1AcLhIpKu6cBze4xY1BM6CEynVQ1xiXs
 AzTICa6F2L8s/edit?usp=sharing
- Resolution to allow digital attendance to association meetings, limiting to one for credit for voting rights, proposed by Chad Jaros
 - Second Paul Kim
 - Mukai ZOOM?
 - https://docs.google.com/document/d/1pI5NgGdcNIgVBJkioUUYvLD3qftKft7V GMtb108Stb8/edit?usp=sharing
- Constitutional Amendment to update definition of voting rights, proposed by Chad Jaros
 - Second Tim Whelan
 - <u>https://docs.google.com/document/d/1pI5NgGdcNIgVBJkioUUYvLD3qftKft7V</u>
 <u>GMtb1O8Stb8/edit?usp=sharing</u>

- Advisory Board Proposal to bring back the regional (week 44), pushing the state meet back a week, proposed by Frank Novakowski
 - Second Eric Harima
- Constitutional Amendment to update the timeline for proposing rule changes from May (voting in December) to March (voting in May), proposed by Blaise Blasko
 - Second Chad Jaros
- Rule Update to update touching a gymnast on a skill, a skill is still awarded and a .5 deduction, but is left to judge's discretion, proposed by Doug Foerch
 - Second Sam Zeman
- Rule update to limit bonus on high bar giants into or out of turns, limited to one ¹/₂ pirouette and one blind change skill (no half higgins), proposed by Doug Foerch.
 - Second Zack Crandall
- > Discussion on proposal from April meeting (Voting in November):
 - Propose a resolution to have a two judge meet at one home meet. One experienced judge and one inexperienced judge. Blaise- Frank 2nd
 - To have registered officials an opportunity to judge with an experienced official.
- > Voting on proposals from March meeting:
 - Constitutional Amendment proposal submitted by Blaise Blasko
 - Change Article III, Membership, A-4
 - A Full member must be present at two four Association meetings prior to the May meeting.
 - Reminder that One Pro and One Con may be put forth.

Harper College Club Team

- Please have interested gymnasts contact Eric Harima <u>Gymnastshs@gmail.com</u>
- > Please let Harima know if you have any graduating kids that will be attending Harper.
- > Workouts are at The Gymnastics Shop on Tuesdays, Thursdays, and sometimes Sundays
- ➤ We should notify existing MSL graduates

IHSGCA Calendar:

- > Assoc: Tuesday, May 8th: IHSGCA Meeting @ RMHS
- ➤ HOF: Monday, May 14, 2018. Morava Center 110 W Camp McDonald Rd, Prospect Heights, IL 60070
- Senior All Star Meet Friday May 18th, 6pm at Hinsdale South
- ➤ Information will be sent out soon

For the good of the Membership/Additional Items

- Recruiting coaches- now is a good time to get contact info of graduating seniors should any be interested in judging or coaching. See link above to enter them for association to use.
- > Niles West will be hosting a Frosh Invite beginning next year
 - 11 Teams right now
 - Held the second Friday of March March 8, 2019
 - Start time 6:00 or 6:30
 - Still looking for 6-8 teams
 - Contact Adrian Bastista for information
 - <u>adrbat@d219.org</u>
 - **8**47.626.2922
- The Morton Grove Park District is running a summer program in the Niles West gym. If you haven't been to our gym, it's an amazing 15,000 sqft facility with an in-ground pit for 6 simultaneous events.
 - Mon through Fri, 8:30am to 11:30am most weeks from 6/11 through 7/30. Open to anyone interested, including high school gymnasts.
 - Sign up is on a per-week basis; pick and choose the weeks in June and July that work for you.

Non-resident rate: \$121/wk. Roughly equals \$8/hr.

- The program is run by our assistant coach, Brandon Naguita. He's been building a solid boys club team (Levels 4 - 8) for the park district for a few years now. Higher level Varsity gymnasts can train independently if they like while Frosh/JV kids can get guidance from coaches who know the IHSA Frosh compulsories and how to build skills for base JV routines.
- ➤ Rate officials for the Sectionals
 - Ratings last 3 years
 - Will help assign officials for the state meet

Meeting Adjourned: 8:23

<u>Results of voting:</u>

- Executive Board
 - Ryan Dul
- Steering Committee
 - Frank Novakowski
 - Alex Pajor
 - Kyle Padera
 - Jun Yoon
 - Tim Whelan
- Hall of Fame
 - Scott Phillips
 - Frank Novakowski
- Press Coverage
 - Chris Walker
- 2017 Coach of the Year (not announced until the state meet)

0

Constitutional Amendment to increase meeting attendance for voting rights from 2 to 4 meetings
 Not passed

New Executive Board for 2018-2019: Erik Bostrom - President

Chad Jaros - Vice President Eric Harima - Treasurer X - Ryan Dul