



IHSGCA Meeting Agenda/Minutes

April 15, 2019

Call to order: 7:07

Attendance: Frank Novakowski (online), Luke Badger (online), Ryan Brown (online), Julian Basler, Jason Brandenburg, Alex Pajor, Blaise Blasko, Scott Phillips, Scott Hagel, Paul Kim, Chad Jaros, Erik Bostrom, Eric Harima, Brandon Tucker, Steve Foerch, Jim Lutz, Greg Gebhardt, Doug Foerch, Keith Mukai, Joon Yun

If you would like to attend digitally next time- Please let us know so we can keep an eye out for who might be trying to log in. You will click the below link (TBD) to login to see a stream of the meeting, which we will post at the start of the meeting. You may need to sign in with your email or Gmail, and/or download a plugin in order to do so. You may listen in, and if your Mic is on, speak when you have something to input.

Google Hangout - <https://hangouts.google.com/call/Miwmqe4--GNvGqRlshdAEEE>

Current Balance: \$11,242.46

Balance at this time last year: \$9751.31

Fundraising:

- Revolution Brewery: To be held on Monday, Aug. 5, 2019
- 50/50 Raffle -
 - 50/50 raffle fundraiser at schools who host Sectionals this year.
 - Head coaches will receive a letter explaining the purpose of our 50/50 raffle and asking permission for the Steering Committee to sell them at their Sectional.
 - Lyons- Tuesday April 30th 6:30-
 - Libertyville Wednesday May 1st 6:30-
 - Glenbrook North Thursday May 2nd 6:30-
 - Schaumburg Friday May 3rd 6:30- N/a
 - Hersey Saturday May 4th 1:00-
 - \$2 a ticket or 3 for \$5
 - SC member will be sitting at the entry table to sell the tickets.
 - Prior to the conference and sectional meets, 50/50 kits will be given to hosts with letters, instructions, posters and tickets
- Senior All-Star Meet Donations
- Open Gym: Gymnastics Shop
 - **See attached flyer - the second open gym will be Friday April 19, 1:00pm-3:00pm, \$10, at the Gymnastics Shop in Mt. Prospect**
 - **Thank you Julian Basler for offering these fundraising open gyms!**

2019 Season:

Sectionals:

- Sites were posted March 28
- Tuesday April 30 - Saturday, May 4, 2019 (Lyons, Libertyville, Glenbrook N., Schaumburg, Hersey)
- **List of Participants was due TODAY April 15 at 4:00pm!!!- Be sure to complete this and accurately screen shot it so you have record of it! Bring this printed screen shot with to state series to confirm. Any issues you'll have to speak with your A.D. and the IHSA.**

State Meet:

- Fri.-Sat., May 10-11, 2019, Hoffman Estates High School
- Hoffman Estates High School, 1100 W. Higgins Rd, Hoffman Estates.

AWARDS:

- ***Senior Gymnast of the Year:*** nominations are due prior to today's April meeting, 4/15/19.
 - Nominations are submitted online on the IHSGCA website.
 - <http://ihsgca.org/index.php?pageID=17>
 - Resumes will be emailed prior to the voting at the sectional meet.
- ***John Brinkworth Scholarship:*** nominations are due by today, April 15.
 - ***Nomination form and letters of Recommendation are emailed to Betty***
 - ***Nomination for this award is attached!***
 - Axelson-McClelland: Eggsgymbetty@aol.com
 - Nomination form is found on the IHSGCA website
 - http://ihsgca.org/_fileUploads/20180117_080351_10.pdf
- ***IHSGCA Scholarship:*** nominations are due prior today's April meeting, 4/15/19.
 - Nominations are submitted online on the IHSGCA website.
 - <http://ihsgca.org/index.php?pageID=16>

Golf Outing / HOF Banquet:

- Monday, May 13, 2019, 7:00pm
- Morava Center 110 W Camp McDonald Rd, Prospect Heights
- Inductees: Greg Gebhardt and Scott Phillips
- Coaches awards will be announced before state competition on Saturday
- Certificates will be handed out at the HOF Banquet
- Old Orchard Golf Club in Mt. Prospect
 - Tee-Times start at 3:30, four have been reserved:
 - Complete the form found on the IHSGCA website to reserve your spot:
<http://www.ihsgca.org/index.php?pageID=18>
- Golfing is optional; please make every possible attempt to attend the HOF Banquet to support these fantastic coaches and all they do.
- Banquet begins at: 7:00 PM
 - Please RSVP by Wednesday, April 25, 2018 using the link below.
<https://goo.gl/forms/q3fO2gsNIHzpRBe13>

Brinkworth Senior All-Star Meet:

- Host and details: Hinsdale South
- Friday, May 17, 2019, 6:00pm
- Thank you to Anthony Colant for hosting. We will send more details closer to the Meet

Conference Reps:-

- CSL - Adrian Batista adrbat@d219.org
- MSL East - Zack Crandall zach.crandall@d214.org
- MSL West - Scott Hagel shagel@d211.org
- WSC Gold - Bill Cordts bcordts@leyden212.org
- WSC Silver - Frank Novakowski frank.novakowski@cusd200.org
- Independent - Greg Gebhardt greg.gebhardt@cusd200.org

Conference reps please:

- Make sure varsity coaches list who their Seniors are on each event prior to competing in the Conference championship meet.
- When the meet concludes verify with the seniors selected if they are able to compete at the all-star meet. If not figure out who the next athlete in line would be on each event.
- Also consider selecting one alternate on each event and let him know that he may compete if someone can not make the meet or is injured prior to competing (Alternates will also get certificates if he decide to be an alternate and attend the meet)
- Announce the All-Star meet teams at the end of the Conference Championship Meet.
- Report Coach of The Year info from all levels and Brinkworth Senior All-Star Meet info to the secretary (Ryan Dul) - rdul@glenbrook225.org
- Remind Coach of The Year winners to attend Hall of Fame Banquet to receive their award.

Senior Emails/Contact info:

- Over the last few years coaches were asked to get their seniors contact info in hopes to keep their involvement in IHSA gymnastics beyond high school.
- Please continue doing this by passing this link onto your gymnasts.
 - https://docs.google.com/forms/d/1BgGkw2ztLKuEIbxhwgbj3VAY877kui-He_h_oMS_bVk/viewform?edit_requested=true

Judge's information:

- **If you are still able to judge, please see an assignor to make this happen.**
- *[Number of meets need to be filled....](#) **8 SPOTS LEFT TO BE FILLED- Thanks to those who stepped in, please continue to do so! Please click this link for remaining openings - there have been several meets where coaches have had to judge their own meets, please help alleviate this problem.***
- Take advantage of shadowing opportunities for your own education or for the \$25 incentive

- Take, or make your own, flyer to advertise at your meets, or on twitter, to reach potential judges
- Officials will need to sign up for Arbiter Pay for state series. This is how the IHSA will pay officials now.
- Please be patient with new judges
- **Please rate officials after each varsity meet- Stay current with this and your top 15 list**
- **Conference reps and coaches: Please make an effort at your post season conference meetings to ask that your schedules be spread out to alleviate issues of too many meets on one night. April 10 had several meets without judges due to so many duals taking place. Please consider condensing meets into Tri meets, having meets on other days during the week, having a meet the 3rd week of April or first of March, etc.**
- Maybe try to move more meets to Tuesdays or Thursdays if it seems most of your meets are wednesdays, etc. - Greg Gebhardt

JUDGES TRAINING VIDEOS:

- To help with your training for both judging and coaching- Brandon Tucker has graciously begun to develop judges training video tutorials on youtube for those of you who could not attend the clinics or mini clinics. Please view these videos and consider joining our team of judges, and thank you Brandon for developing these! They can also be found on the association webpage.

- [General overview](#) - [Floor Ex](#) - [Rings](#) - [Vault](#) - [Parallel Bars- High Bar](#)

- When you look at the diagrams in the Fig book, make sure you read the text to know where you might lose deductions or credit - Blaise
- If you're going to have a wave of new judges, it might not be the worst thing the world to give the judge a heads up if you have a gymnast doing an uncommon skill or get back to giving routines or start values - Harima

Rulebook/Rules Interps:

- ***Please stay up to date with Rule Interps. And check them frequently on the website. There was a new one released 4/10/19.***
- Please be aware that the new current IHSA Rule Book, addendums, etc can be found here:
 - <http://www.ihscca.org/index.php?pageID=19>

Rules Proposals

- Due to the new Voting timeline, rules proposals were due before the March meeting. This month, discussion will take place on proposals.
 - Please see the Constitution excerpt for complete rule change details, The Constitution in total can be found on the IHSGCA website.
- In May- Voting will take place following the announcement of the proposal, one pro and one con; no further discussion is to be had. Full members must have attended two meetings before voting to be eligible to vote on association matters.

Proposals:

- Please take a look at the google doc or printed packet of proposals.
- <https://docs.google.com/document/d/1M7eATeMbDI2W4QaHeD9Wr2k9MVklcbtKAVsxDQTcyg/edit?usp=sharing>
- **Constitutional Amendment:**
 - Proposal by Chad Jaros- Update the term of officers to be 2 years. Each year a new secretary and Vice President would be elected.
 - People might be more likely to volunteer for the positions if they're only 2 year stints
 - Con - maybe nobody wants to be secretary or treasurer
- **Rules Changes proposed by Doug Foerch:**
 - 1. Only one 'B' value or higher scissor.
 - We get rules from FIG or JO, and one thing that we maybe forget sometimes is they make rules off of what they see. For a long time a Handspring on Vault was close in value to a Tsuk
 - We need to maybe guard ourselves from coaches who will take advantage of the rules
 - If you watch any collegiate or international routine, it's an anomaly to see a gymnast do less than 1 B scissor
 - It's really difficult to get difficulty value without doing a couple of B scissors
 - 2. Frosh PH-Keep moore and replace spindle with back moore.
 - Another idea to give something to vote for on mushroom
 - Back moores are hard on mushroom
 - 3. HB- No bonus for the second skill if performing both a kip-cast-piro, and pirouette.
 - Eliminate doubling up on bonus for doing piro AND kip-cast-piro
 - Is it worth the rule just to take away .1 bonus for a single repeat skill
 - This kind of rule helps club kids more than high school
 - 4. FX-May receive no more than two 'B' or higher skills from EG I.
 - Make it more beneficial for gymnasts who do tumbling
 - 5. SR-No bonus for 1/1 tw back somi.
 - Make a double back worth more than a 1/1 tw
 - 6. SR-.Remove shoulder stands from non EG list and make it a .2 deduction.
 - Shoulder stands on varsity shouldn't be allowed
 - ~~7. PB-front up rise needs to finish with hips bar height, regardless of following skill.~~
 - rescinded
 - 8. V-have a minimum distance required for no deduction.
 - Kid hit his head on a vault and could have scored a 9.5 if the judge hadn't see it
 - It doesn't look right when someone lands too close
- **Rules Proposal, by Eric Harima:**
 - Modify the third bonus on freshman mushroom from a moore to back to two flairs.
 - Eric thinks flairs are cooler
 - Moores are hard on mushroom
- **Rules Proposals, by Blaise Blasko:**
 - Resolution 1: Starting time for all boys gymnastics meets on weekdays is 6:30.
 - Make it easier for coaches to get to meets after practice
 - Hagel would judge fewer meets if they went later into the night. Would prefer to leave practice early
 - ~~Proposal 2: On Pommel horse, all FIG skills that end in front support without a circle or circling attempt afterwards will receive skill value but no element group or bonus credit.~~

■ Rescinded

● **Rules Proposal, by Ryan Dul:**

- Proposal: To allow SB #5 on Freshmen Floor to be allowed following only one back handspring without having to perform SB #4. For example, a gymnast who competes Round-off - Back Handspring - Back Salto will still be able to receive SB #5 even though they did not compete SB #4. A gymnast who completes Round-off - Back Handspring - Back Handspring - Back Salto would receive both SB #4 and #5.
- Very similar as to how SB#4 and SB#5 work on P-bars
 - No discussion

Nominations:

- Executive Board/Secretary (1 position open):
 - Jesse Piland - Erik Bostrom, second Alex Pajor
 - Jason Brandenburg - Erik Bostrom, second Chad Jaros
- Steering Committee (5 positions open):
 - Jesse Piland - Scott Hagel, Bostrom
 - CJ Patton - Harima, Bostrom
 - Frank Novakowski - Harima, Pajor
 - Alex Pajor - Harima, Jaros
 - Jason Brandenburg - Hagel, Tucker
 - Greg Gebhardt - Harima, Tucker
- Rules Committee (5 positions):
 - Chad Jaros - Harima, Bostrom
 - Scott Hagel - Bostrom, Tucker
 - Keith Mukai - Tucker, Harima
 - Eric Harima - Bostrom, Tucker
 - Zack Crandall - Tucker, Jaros
 - Greg Gebhardt - Hagel, D. Foerch
 - Greg Didiech - Bostrom, Blasko
- Hall of Fame (2 positions open)
 - D. Foerch - Blasko, Jaros
 - Vic Avigliano - Blasko, Tucker
 - Howard Reuben - Scott Phillips, Bostrom
 - Steve Foerch - Tucker, Bostrom
- Outstanding Press Coverage Award (1 award winner):
 - Dick Quagliano - Hagel, Bostrom
 - John Bumbales - Bostrom, Jaros
- Blaise thought our association had a service award / special recognition
- We do, traditionally this has been done in steering committee and brought to the association.
- Suggestions:
 - Glen Reimers, Naperville Central- Retiring- Greg Gebhardt, second Bostrom
 - Bob Esposito- 50 years of coaching - Scott Phillips, Second Mukai
 - Howie Sokol and Bob Russell- Blaise Blasko, second Bostrom

IHSGCA Meeting Calendar:

Assoc: MONDAY, April 15, 7:00pm @RMHS (SGOY, Schol. Noms. due)

Assoc: MONDAY, May 6, 7:00pm @RMHS (voting takes place)

HOF: Monday, May 13, 7:00pm @Morava Center

For the good of the Membership/New Business:

NCAA Championships:

- **Fri. Apr. 19 - Sat. Apr. 20, 2019 NCAA Championships in Champaign-Urbana**
 - Join the Facebook page for the most up to date information on how the IHSGCA is supporting UIUC and this prestigious honor hosting the NCAA Championships
 - [NCAA Gymnastics Alumni -- Facebook Group](#)
 - [National Gymnastics Reunion 2018 -- Facebook Group](#)
 - Purchase tickets at Fightingillini.com
 - Please see and hand out/publicize the attached flyer
 - Announce at all home meets to encourage parents and gymnasts to attend
 - Please discuss within your conference to share the cost of transportation to the meet.
 - PLEASE TRY TO MAKE THE TRIP TO SHOW SUPPORT FOR NCAA GYM!
- *Mike Burns and all those in the gymnastics community appreciate, and NEED our support!!*
- *Jeff Levin*
 - *Approach this dire need for support by **sending a bus** with your whole team like last year!*
 - *If the U of I athletic director sees stands with just parents, he can do whatever he wants with our sport*
 - *If we have 50 teams who each send 30 kids, that's 1,500 kids*
 - ***If we don't do it, it's not gonna get done***
- *Blaise*
 - *We have the opportunity this year, please make the commitment, in future years it won't be this close and we won't have the opportunity to travel to support the championships*

NAIGC – National Association of Intercollegiate Gymnastics Clubs

- [List of club teams throughout the country](#)
 - https://www.naigc.net/club_list.php
- Please promote NAIGC to our coaches/gymnasts
 - A Great way to get gymnasts involved post-high school. Many athletes don't want to be done after graduation, but are forced to. Publicize these clubs for them in case they aren't aware their college has one.
- Possible means of recruiting coaches/judges

- Northern Illinois University is growing their program and encouraging any local athlete to join whether or not they attend NIU. Please contact Josh Levin for more info: (joshlevin10@hotmail.com)
- We will have an application form for you in the coming weeks to give to graduating seniors who are staying in the area and wish to participate on the NIU club team.

Membership

- If a member hasn't paid they can still pay for the membership in order to vote provided they attend the two required meetings.
 - \$25 dollars for head coach, \$20 for assistant

Social Media:

- We'd like to develop a social media presence. If you have suggestions or ideas please let us know- hashtags, videos, photos, flyers, etc.
- We could have a Illinois gymnastics hashtag where we can tag all the videos and pictures that athletes and coaches post. This would allow people to search for a bunch of videos very easily, and potentially builds awareness
- We'd like to Develop a promotional video or series of videos- Tracie has said we can have someone record routines at State series to put together promotional material. If you have video footage of example routines, or examples of frosh and their progression to varsity, let us know and if you'd like to share it to include it in a video.
- If you or someone you know is savvy with video editing, social media, etc. please let us know.
- There are many recruiting and "hype" videos out there among the colleges, here are a few high school examples:
 - Recruit video from Blaise:
 - https://drive.google.com/file/d/1p9A8aNrdxO5bmr3U8nzqGOno5lMk94wT/view?usp=drive_web
 - Schaumburg Recruit video:
 - <https://www.youtube.com/watch?v=nXOIUyLIhRM>
 - Elk Grove video:
 - <https://t.co/Tfq5VqNPga>

Table at State:

- We would like to have an IHSGCA table at the State Meet. We could "advertise" for attendance at the Senior All Star Meet, hand out pertinent flyers- such as letting senior gymnasts know of future college gymnastics opportunities, opportunities for the need for new judges and coaches, etc. [Any other suggestions for a table such as this please let us know.](#)

Mini clinic on judging techniques (practice judging videos)- Blaise B., Brandon T.,:

Thank you to Blaise and Brandon for running a brief clinic on how to break down a routine to figure out what the start value is, the parts of the routine and the basic deductions. We will look to do another one of these at the April meeting, on a different event. We hope you can attend to educate yourself to become a judge or just a better coach.

IHSA Advisory Board Updates:

- Reproposed having top 10 medals at state meet
- Rotations are 12 minutes not 15 minutes anymore
- Team State starts at 5pm not 6pm
- Digital ticket sales available for pre-purchase, particularly for those schools that bring non-competitors with them to the state series.

Informal Polls:

- Coaches- please indicate whether or not you think you'd like to see a shift to JV1 and JV2 instead of Frosh and JV to help alleviate the low freshman numbers some teams are experiencing.
 - Yes- look into shifting to JV1 and JV2
 - No- Keep it the same with our Frosh, JV and Varsity levels
 - It seemed most were not interested in the switch. There could be some issue with age and strength of older athletes competing with freshman unfairly. We could keep freshman level, and on the JV level perhaps allow some sort of hybrid in the future of compulsory and level 9, or let the athlete choose if they aren't close enough to a level 9 routine to be worth it. Something to consider pursuing further in the future.
- Casino Night Poll: our clinic poll did not get enough coaches to follow and indicate whether or not they would work a clinic. Please indicate to the secretary whether or not you would work a casino night fundraiser.
 - 8 people raised hands- this is not an entirely accurate number due to lower attendance - if you did not attend the meeting please email us if this is something you'd like to consider re-opening these events.

Meeting Adjourn: 8:35pm, Bostrom, Second Harima