



IHSGCA Meeting Agenda/Minutes

May 6, 2019

Call to order: 7:05 by Bostrom

Attendance: Keith Mukai, Adrian Batista, Steve Foerch, Jim Lutz, Jason Brandenburg, Julian Basler, Scott Hagel, Eric Harima, Chad Jaros, Erik Bostrom, Ryan Dul, Zack Crandall, Scott Phillips, Bob Esposito, Doug Foerch, Alex Pajor, Joey Mandarino, Blaise Blasko, Tim Whelan, Frank Novakowski, Mike Costa, Paul Kim, Ryan Brown, Joon Yun, Ryan Dengel (V)

If you would like to attend digitally next time- Please let us know so we can keep an eye out for who might be trying to log in. You will click the below link (TBD) to login to see a stream of the meeting, which we will post at the start of the meeting. You may need to sign in with your email or Gmail, and/or download a plugin in order to do so. You may listen in, and if your Mic is on, speak when you have something to input.

Google Hangout - https://hangouts.google.com/call/neBiuAmyBTgJdl0_VLypAEEE

Balance :

Current Balance: \$10,969.46

Balance at this time last year: \$8694.13

Fundraising:

- Revolution Brewery: To be held on Monday, Aug. 5, 2019
- Senior All-Star Meet Donations - Please give out flyers to local businesses as well as the flyer to your senior gymnast parents to solicit for program advertisements. Also mention to your gymnasts our purpose and gain interest for donations at the entrance table at the All star meet.
- Open Gym: Gymnastics Shop
 - MADE \$180 (16 athletes)- Thank you to Julian Basler for hosting again! He would like to do more of these in the coming seasons.

2019 Season:

State Meet:

- Fri.-Sat., May 10-11, 2019, Hoffman Estates High School
- Team/all around Competition- 5:00pm. Doors open 2:15, coaches meeting 2:30, be sure to arrive at 2:15 to avoid traffic from school letting out. Please park in identified locations towards back fields.
- Hoffman Estates High School, 1100 W. Higgins Rd, Hoffman Estates.

AWARDS:

- **Senior Gymnast of the Year:**
 - Resumes were emailed, and voting took place at sectionals.

- **John Brinkworth Scholarship** and **IHSGCA Scholarship**: will be announced before prelims at the state meet.

BUS DROP OFF Friday- Be there before school lets out ... 2:15. HEHS personnel will show busses where to go, enter at Door #8 for pass gate

Awards on Saturday begin at 9:30

Golf Outing / HOF Banquet:

- Monday, May 13, 2019, 7:00pm
- Morava Center 110 W Camp McDonald Rd, Prospect Heights
- Inductees: Greg Gebhardt and Scott Phillips
- Coaches awards will be announced before state competition on Saturday
- Certificates will be handed out at the HOF Banquet
- Old Orchard Golf Club in Mt. Prospect
 - 4 Tee-Times available - start at 3:00pm- please see link below to sign up
 - Complete the form found on the IHSGCA website to reserve your spot:
<http://www.ihsgca.org/index.php?pageID=18>
- Golfing is optional; please make every possible attempt to attend the HOF Banquet to support these fantastic coaches and all they do.
- Banquet begins at: 7:00 PM
 - Please RSVP by Tuesday, May 7, 2019 using the link below.
<https://goo.gl/forms/q3fO2gsNIHzpRBe13>

Currently have two groups signed up. Please be sure to RSVP to both ASAP (today if possible) so we know our numbers

Brinkworth Senior All-Star Meet:

- Host and details: Hinsdale South
- Friday, May 17, 2019, 6:30pm
- Thank you to Anthony Colant for hosting. Details will be emailed out later this week.
- Each competing gymnast **MUST** have a coach from their school in attendance.
- Thank you in advance to our volunteer judges
- **Only have two judges so far ... still looking for volunteers, please let us or Howie know ASAP if you can help run this great meet!**
- Please use the attached letters to solicit donations from your senior parents or local businesses
- Please communicate to your gymnast this is an honor and a privilege to participate, and is in place of Senior Nationals.
- **Joke routines/skills will not be tolerated/scored.** Gymnast will be asked to get off event, and will be disqualified from the rest of the meet (if they are on multiple events).

Conference Reps:-

- CSL - Adrian Batista adrbat@d219.org
- MSL East - Zack Crandall zach.crandall@d214.org
- MSL West - Scott Hagel shagel@d211.org
- WSC Gold - Bill Cordts bcordts@leyden212.org
- WSC Silver - Frank Novakowski frank.novakowski@cusd200.org
- Independent - Greg Gebhardt greg.gebhardt@cusd200.org

Conference reps please:

- Should have announced the All-Star meet teams at the end of the Conference Championship Meet, as well as alternates and noted who could and could not attend.
- Please enter line ups into the Meetscorer.com link/email sent out.
- Remind Coach of The Year winners to attend Hall of Fame Banquet to receive their award.

Coach of the year award winners: Frosh, Assistant, Head:

HEAD COACHES:

- CSL - Ryan Dul (Glenbrook North)
- MSL East - Zack Crandall (Buffalo Grove) & Joon Yun (Hersey)
- MSL West - Ryan Brown (Hoffman Estates) & Scott Hagel (Palatine)
- WSC Gold - Mike Galfi (Addison Trail)
- WSC Silver - Sam Zeman (Lyons Township)
- Independent - Josh Cimo (Libertyville)
- At Large: Adrian Batista (Niles West)
- At Large: Mike Costa (Rolling Meadows)

ASSISTANT COACHES:

- CSL - Brandon Naguita (Niles West) & Ray Payne (Niles West)
- MSL East - Chad Jaros (Buffalo Grove) & Eric Rosenwald (Rolling Meadows)
- MSL West - Scott Phillips & Dave Calisch (both @ Hoffman Estates) & Eric Harima (Schaumburg)
- WSC Gold - Andrew Isaacson (Willowbrook)
- WSC Silver - Alex Pajor (Glenbard West)
- Independent - NA

Senior Emails/Contact info:

- Over the last few years coaches were asked to get their seniors contact info in hopes to keep their involvement in IHSA gymnastics beyond high school.
- Please continue doing this by passing this link onto your gymnasts.
 - https://docs.google.com/forms/d/1BgGkw2ztLKuEIbXhwgBJ3VAY877kui-He_h_oMS_bVk/viewform?edit_requested=true

Judge's information:

- ***Thank you to all those who stepped in to help fill judges openings this season!***
- ***Registration is now open - Please get registered so you can help alleviate our judging shortage. It is certain to be closer to 150 unfilled openings next season rather than the 60 we had this year. It is essential we have more coaches judging, so register now!***
- Take advantage of shadowing opportunities next season for your own education or for the \$25 incentive
- Please rate officials after each varsity meet- Stay current with this and your top 15 list
- Conference reps and coaches: Please make an effort at your post season conference meetings to ask that your schedules be spread out to alleviate issues of too many meets on one night. April 10 had several meets without judges due to so many duals taking place. Please consider condensing meets into Tri meets, having meets on other days during the week (Tuesdays or Thursdays), having a meet the 3rd week of April or first of March, etc.

JUDGES TRAINING VIDEOS:

- To help with your training for both judging and coaching- Brandon Tucker has graciously begun to develop judges training video tutorials on youtube for those of you who could not attend the clinics or mini clinics. Please view these videos and consider joining our team of judges, and thank you Brandon for developing these! They can also be found on the association webpage.

- [General overview](#) - [Floor Ex](#) - [Rings](#) - [Vault](#) - [Parallel Bars](#)- [High Bar](#)

Judges should register now to avoid late fees.

Rulebook/Rules Interps:

- ***Please stay up to date with Rule Interps. And check them frequently on the website. There was a new one released 4/10/19.***
- Please be aware that the new current IHSA Rule Book, addendums, etc can be found here:
 - <http://www.ihsgca.org/index.php?pageID=19>

Rules Proposals

- Due to the new Voting timeline, rules proposals were due before the March meeting. In April, discussion took place on proposals.
 - Please see the Constitution excerpt for complete rule change details, The Constitution in total can be found on the IHSGCA website.

- Voting will take place following the announcement of the proposal, one pro and one con; no further discussion is to be had. Full members must have attended two meetings before voting to be eligible to vote on association matters.

Proposals:

- Please take a look at the google doc or printed packet of proposals.
- <https://docs.google.com/document/d/1M7eATeMbDI2W4QaHeD9Wr2k9MVklcbtKAVsxDQTcyg/edit?usp=sharing>
- **Constitutional Amendment: PASSED**
 - Proposal by Chad Jaros- Update the term of officers to be 2 years. Each year a new secretary and Vice President would be elected.
 - PRO - Less commitment
 - CON - Executive board members less familiar with ongoings of duties and responsibilities
- **Rules Changes proposed by Doug Foerch: ALL FAILED**
 - 1. Only one 'B' value or higher scissor.
 - PRO - promote more circling skills
 - CON - takeaway higher starting values
 - 2. Frosh PH-Keep moore and replace spindle with back moore.
 - PRO - skill development - moore is more viable
 - CON - difficult to learn
 - 3. HB- No bonus for the second skill if performing both a kip-cast-piro, and pirouette.
 - PRO - Learn other skills on HB
 - CON - confusing to remember for judges
 - 4. FX-May receive no more than two 'B' or higher skills from EG I.
 - PRO - promotes tumbling
 - CON - gets away from JO
 - 5. SR-No bonus for 1/1 tw back somi.
 - PRO - encourages doubles and have difference between double and full
 - CON - some gymnasts just cannot flip and could be punished for that
 - 6. SR-.Remove shoulder stands from non EG list and make it a .2 deduction.
 - PRO - encourages handstands
 - CON - could hurt JV gymnasts
 - 7. V-have a minimum distance required for no deduction.
 - PRO - safer to be further
 - CON - Amplitude deduction that already covers this
- **Rules Proposal, by Eric Harima: FAILED**
 - Modify the third bonus on freshman mushroom from a moore to back to two flairs.
 - PRO - take it closer to level 5
 - CON - nobody does flairs on horse
- **Rules Proposals, by Blaise Blasko: FAILED**
 - Resolution 1: Starting time for all boys gymnastics meets on weekdays is 6:30.
 - PRO - can get more judges out who coach
 - CON - lose judges cause of a late finish
- **Rules Proposal, by Ryan Dul: PASSED**
 - Proposal: To allow SB #5 on Freshmen Floor to be allowed following only one back handspring without having to perform SB #4. For example, a gymnast who competes Round-off - Back Handspring - Back Salto will still be able to receive SB #5 even though they did not compete SB #4. A gymnast who completes Round-off - Back Handspring - Back Handspring - Back Salto would receive both SB #4 and #5.

- Very similar as to how SB#4 and SB#5 work on P-bars
 - PRO - help with skill development
 - CON - move away from Level 5

Voting on Nominated Positions/Awards:

On the ballot

- Executive Board/Secretary (1 position open/Vote for ONE):
 - Jesse Piland
 - Jason Brandenburg - WON
- Steering Committee (5 positions open/Vote for FIVE):
 - Jesse Piland - WON
 - CJ Patton - WON
 - Frank Novakowski - WON
 - Alex Pajor - WON
 - Jason Brandenburg
 - Greg Gebhardt - WON
- Rules Committee (5 positions):
 - Chad Jaros - WON
 - Scott Hagel - WON
 - Keith Mukai
 - Eric Harima - WON
 - Zack Crandall - WON
 - Greg Gebhardt
 - Greg Didiech - WON
- Hall of Fame (2 positions open/Vote for TWO)
 - Doug Foerch
 - Vic Avigliano
 - Howard Rubin - WON
 - Steve Foerch - WON
- Outstanding Press Coverage Award (1 award winner/Vote for ONE):
 - Dick Quagliano - WON
 - John Bumbales
- State meet Special Recognition:
 - Glen Reimers, Naperville Central- Retiring
 - Bob Esposito- 50 years of coaching
 - Howie Sokol and Bob Russell- Officials assignor services
 - Dave Donaldson, Judge- retiring
 - Blaise Blako - Years of service- Coaching, Judging, Clinician, Rules Interp, IHSGCA service

Philanthropy:

- 2019 Brinkworth scholarship nominees, IHSGCA Scholarship nominees/winner, and senior gymnast of the year winner will be announced at the State meet award ceremony.

IHSGCA Meeting Calendar:

HOF: Monday, May 13, 7:00pm @Morava Center

For the good of the Membership/New Business:

NCAA Championships:

- Those who went- how was turnout and energy?

Dengel - It was awesome

Frank & Blaise - good attendance and looked like a good crowd, however, maybe a little less than what was at UIC

NAIGC – National Association of Intercollegiate Gymnastics Clubs

- [List of club teams throughout the country](#)
 - https://www.naigc.net/club_list.php
- Please promote NAIGC to our coaches/gymnasts
 - A Great way to get gymnasts involved post-high school. Many athletes don't want to be done after graduation, but are forced to. Publicize these clubs for them in case they aren't aware their college has one.
- Possible means of recruiting coaches/judges
- Northern Illinois University is growing their program and encouraging any local athlete to join whether or not they attend NIU. Please contact Josh Levin for more info: (joshlevin10@hotmail.com)
- We will have an application form for you in the coming weeks to give to graduating seniors who are staying in the area and wish to participate on the NIU club team.

Social Media:

- We'd like to develop a social media presence. If you have suggestions or ideas please let us know- hashtags, videos, photos, flyers, etc.
- We could have a Illinois gymnastics hashtag where we can tag all the videos and pictures that athletes and coaches post. This would allow people to search for a bunch of videos very easily, and potentially builds awareness
- We'd like to Develop a promotional video or series of videos- Tracie has said we can have someone record routines at State series to put together promotional material. If you have video footage of example routines, or examples of frosh and their progression to varsity, let us know and if you'd like to share it to include it in a video.
- If you or someone you know is savvy with video editing, social media, etc. please let us know.
- There are many recruiting and "hype" videos out there among the colleges, here are a few high school examples:
 - Recruit video from Blaise:
 - https://drive.google.com/file/d/1p9A8aNrdxO5bmr3U8nzqGOno5IMk94wT/view?usp=drive_web
 - Schaumburg Recruit video:
 - <https://www.youtube.com/watch?v=nXOIUyLIhRM>
 - Elk Grove video:
 - <https://t.co/Tfq5VqNPga>

Table at State:

- We would like to have an IHSGCA table at the State Meet. We could “advertise” for attendance at the Senior All Star Meet, hand out pertinent flyers- such as letting senior gymnasts know of future college gymnastics opportunities, opportunities for the need for new judges and coaches, etc. [Any other suggestions for a table such as this please let us know.](#)

Mini clinic on judging techniques (practice judging videos)- Blaise B., Brandon T.:

Thank you to Blaise and Brandon for running a brief clinic on how to break down a routine to figure out what the start value is, the parts of the routine and the basic deductions. We will look to do another one of these at the May meeting, on a different event. We hope you can attend to educate yourself to become a judge or just a better coach.

IHSA Advisory Board Updates:

- [Reproposed having top 10 medals at state meet](#)
- [Rotations are 12 minutes not 15 minutes anymore](#)
- [Team State starts at 5pm not 6pm](#)
- [Digital ticket sales available for pre-purchase, particularly for those schools that bring non-competitors with them to the state series.](#)

Meeting Adjourn: 8:09 by Bostrom, second: Steve Foerch

Results of voting:

- *Executive Board*
 - *Jason Brandenburg*
- *Steering Committee*
 - *Jesse Piland*
 - *CJ Patton*
 - *Frank Novakowski*
 - *Alex Pajor*
 - *Greg Gebhardt*
- *Rules Committee*
 - *Chad Jaros*
 - *Scott Hagel*
 - *Eric Harima*
 - *Zack Crandall*
 - *Greg Didech*
- *Hall of Fame*
 - *Howard Rubin*
 - *Steve Foerch*
- *Press Coverage*
 - *Dick Quagliano*
- *2019 Coach of the Year (not announced until the state meet)*
 - *TO BE ANNOUNCED SATURDAY*

New Executive Board for 2018-2019:

Chad Jaros - President

Eric Harima - Vice & Assistant Secretary

Ryan Dul- Treasurer

Jason Brandenburg- Secretary