Association Meeting

Agenda/Minutes

Call To Order

2020 April 20

6:00 pm

Digital

Ryan Dul is inviting you to a scheduled Zoom meeting.

Topic: IHSGCA Meeting

Time: Apr 20, 2020 06:00 PM Central Time (US and Canada)

Join Zoom Meeting

Password: 2GRhVG

Phone Conference: (312) 626 6799, Meeting Code: 9766-988-9448

Attendance

Ryan Dul, Chad Jaros, Tony Ciezadlo, Bill Cordts, Eric Harima, Scott Hagel, Bruce Biersdorf, Scott Phillips, Frank Novakowski, Jake Luketin, Blaise Blasko, Keith Mukai, Jason Brandenburg, Matt Meyer, Adrian Batista, Paul Kim, Tom Huml, Mike Costa, Julian Basler, Greg Gebhardt, Sam Zeman, Doug Foerch, Don Raymond, Zach Crandall, Brandon Tucker, Brian Bekkedal, Erik Bostrom, Jason Orna, Dan Bajek

Balance

- Current Balance: 10,060.03

Balance at this time last year:

Covid-19 Status

- IHSA has not decided to postpone or cancel the state series at this time
 - o IHSA meeting Tuesday April 21
 - Expect that they will cancel spring sports
- All schools are closed until end of school year

2020 Season

State Meet

Cancelled



Brinkworth All-Star Meet

• Will address when when we find out about remainder of season

Wait until the official call by IHSA. If no practices will be available, then cancel.

Philanthropy

The steering committee has decided to proceed to give out scholarships for this year.

- Brinkworth Scholarship
 - Deadline moved to May 5th
 - Nomination Form
 - https://drive.google.com/file/d/1ko9H3QnpVrQkmd17DLjt7BQMcPS2JzY3/view?usp=sh aring
- IHSCGA Scholarship
 - o Deadline moved to May 5th
 - Nomination Form
 - http://ihsgca.org/index.php?pageID=16

Awards

- Senior Gymnast of the Year
 - Discussion
 - Does the association want to give this award this year?
 - Voting
 - 14 yes, 3 no
 - May 5th deadline
 - Nomination Form
 - http://ihsgca.org/index.php?pageID=17
- Hall of Fame Banquet and Golf Outing
 - TBD. We would like to host it this year at the earliest opportunity.
 - HOF Fame committee discussed postponing voting and banquet until next season
- Coach of the Year
 - o TBD if the season continues
 - Maybe not enough of a season to have a coach of the year
 - Unlike SGOY coaches have more than one shot in their career at this
 - Cancel for this year
- Outstanding Press Coverage
 - O Do we want to give this out this year?
 - No
- Special Recognition
 - Nominations
 - Howie Sokol by Blaise Blasko, second by Eric Harima
 - Rob Defano by Scott Hagel, second by Chad Jaros
 - Chad Jaros by Eric Harima, second by Adrian Batista
 - Joe Skowronski by Blaise Blasko, second by Greg Gebhardt

Position Nominations

- Executive Board Secretary (1 position 2 year term)
 - Nominations

- Alex Pajor Chad Jaros second Ryan Dul
- CJ Patton Harima second Novakowski
- Executive Board Vice President (1 position 2 year term)
 - Nominations
 - Ryan Dul Harima second Novakowski
- Steering Committee (5 positions 1 year term)
 - Nominations
 - Alex Pajor Novakowski, second Blasko
 - CJ Patton Harima, second Jaros
 - Bill Cordts Blasko, second Novakowski
 - Julian Basler Blasko second Novakowski
 - Brandon Tucker Blasko second Jaros
 - Frank Novakowski Harima second Jaros
 - Paul Kim Blasko second Novakowski
 - Adrian Batista Ryan Dul second Paul Kim
- Hall of Fame Committee (2 positions 3 year term)
 - Nominations
 - Dave Donaldson Blaise Blasko second Jaros
 - Scott Hagel Blaise Blasko second Novakowski
 - Greg Gebhardt Blaise Blasko second Novakowski
- Rule Committee (no positions)

Rule Proposal Discussion

Clarifying questions only. Discussion will occur at the April meeting.

- Replace the Freshman Compulsory Routine with a tumbling event -- Blaise Blasko
 - A routine will consist of three passes with a minimum of three skills per pass. Event Requirement (ER) 0.4
 - o Forward and backward tumbling skills must be demonstrated. ER 0.4
 - Event requirements are:
 - alternating skills. Skills must be off the hands and feet. ER 0.4
 - bounding saltos. Difficulty is combined. ER 0.4
 - twisting skill of at least 1/2 twist. ER 0.4
 - FIG and IHSGCA recognized skills are to be used.
 - Repetition of skills is permitted for credit, unlimited number of times.
 - Judge on a 10.0 scale.
 - After the last skill of a pass the gymnast can walk to the end of the mat. Within two seconds they must start the next pass.
 - Rationale
 - Return of a tumbling event to the freshmen level would be close to having an attraction event for kids similar to trampoline. These rules are what we used for tumbling prior to FIG rules.

Discussion

- Blaise Attraction to have kids in the gym. Elimination of transitions may help bring in kids that would otherwise be turned off
- Jake Event requirements are not developmentally progressive. May be exciting, but may not be the right way to get them ready for the following years. These requirements won't give bonus or credit in some cases for the following years. Frosh routines should be leading into what they will do for JV and Varsity.

- Blaise Thinking back to when we started the new rules, coaches would have fairly rudimentary routines. By the end of the year, some would be doing the advanced skills.
 Gave a lot of latitude to coaches to progress faster and in their own way
- Phillips Since we started compulsory routines, I really think the FX forms the basis for all the other events. First time kids walk into the gym, teach them a handstand. FX routine is the toughest of all of them. Has a lot of components, body control. Prepares them for all the other events. If making changes, maybe add bonuses to the compulsory to incentivize things, but don't scrap
- Mukai Agree with Phillips. Has even pulled elements up into their JV routine to continue to emphasize the basics. Stated rationale of increased attraction to kids the frosh don't know what they're going to do. Frosh will discover what they're doing, it won't be a preconceived thought. If I join gymnastics I'll learn how to flip
- Harima We could just make it so if you want the kick to handstand, that's a skill. A lot of what they're doing in FX routine are not skills. A lot of stuff that is the basics that we need, but not skills that you'd get for credit. Sometimes we need flexibility to progress kids faster than the compulsory routine allows. State of sophomores tumbling has dropped in the last few years
- Blaise Agree that quality of soph tumbling has dropped
- Gebhardt As assignor, will we have enough judges to fill all the meets. If we make this as an exception to the rule, it will be harder to learn the code of points. Try to simplify to make judging simpler. Also a lot of the skills can get pushed up through JV and varsity routine sissone, press as examples. Good for them to get those skills learned earlier.
- Restructure the Floor Exercise Freshmen Compulsory Routine with new tumbling requirements, specified bonus, and virtuosity. -- Blaise Blasko
 - Description of changes:
 - Replace skill 1, forward handspring, with round-off salto backward. Jump 1/2 turn.
 - Eliminate Specified Bonus #1 Full Pirouette. Replace with Specified Bonus #1: Front salto with twist (minimum 1/2 twist), add jump 1/2 turn after or back salto with twist (minimum 1/2 twist). SB:+0.4. Virtuosity for full twist skill with less than 0.3 deduction. 0.1
 - Eliminate Virtuosity for doing split or pancake (0.1)
 - Eliminate Specified Bonus #2 straddle press handstand hold 2 seconds and Endo roll press to
 - handstand.
 - Skill 6 dive roll change to salto forward tucked to stand. Virtuosity for salto shoulder height 0.1.
 - Eliminate Specified Bonus #3 in #6 skill box salto forward tucked.
 - Insert Specified Bonus #2 bounding saltos (front or round-off back, or round-off back to front. SB 0.4 After front bounders do jump 1/2 turn.
 - Eliminate back extension Virtuosity (0.1 through handstand).
 - Skill 9: back leg of scale at horizontal.
 - Eliminate scale Virtuosity (0.1 scale leg horizontal).
 - Eliminate Specified Bonus #4.
 - Add new Specified Bonus #3: Round off, back handspring, back salto tucked. SB 0.4
 - Eliminate Specified Bonus #5.
 - Add new Specified Bonus #4 & #5. Alternating salto backward . #4. (BH, BS (0.4), #5 BH, BS (0.4) or BS (0.4), BH, BS 0.4)
 - Eliminate *Note p50.
 - New routine in full:
 - https://drive.google.com/open?id=1VIOnr9WyoKUEu-ksbrlFSeimFXWN4nAy
 - Rationale
 - Implement tumbling Event Requirements into the freshmen Floor Exercise event if one wants to keep the FX event.

Discussion

- Mukai Bounders and alternates don't have a ton of utility in routine. Handspring is out, and this is much more critical for higher level skills
- Basler Alternate going backwards is so they can get bounding going backwards. Spent all season working front handspring and then never use it again. Usually go for other skills on front tumbling with HS kids.
- Batista Don't' see the point in changing the routine when we adopted the FIG rules for a reason. If we're going to stick with USAG/FIG, go with this and keep it consistent every year. The seniors know the routine and can help teach it.
- Harima Current routine works if you have the right gymnast. This proposal helps the 3 month per year gymnast because it provides more opportunity for high level skills without mastering the basics. We haven't gotten much out of the current compulsory
- Do not adopt the 2020-2024 FIG Book, Part III Apparatus Skills. Maintain the 2017-2020 FIG Part III Apparatus as our skill values. -- Withdrawn by Blaise Blasko
- The non-element "A" skills list will apply only to lower level gymnasts (JV/Soph). -- Blaise Blasko

Rationale

■ It has been several years since transitioning to FIG skill values. Initially the non-element skill list was developed to bridge this gap. Most of these skills should not count as varsity level skill values. It is time to require varsity level skills for our varsity athletes.

Discussion

- Blaise Think we're ready to have varsity kids do full FIG routines
- Novakowski Would you advocate for any recognizable skill that would grant non-element A value at the Varsity level, as according to FIG?
- Blaise No. You would have to do real FIG skills. To do single-leg stockli at that level brings us down
- Jaros This rule would make IHSA rules _harder_ than real FIG.
- Harima Technically aren't we already making this harder?
- Crandall This would make it very difficult on something like HB to get to something that
 is a routine for a lot of kids. This doesn't seem reasonable for a true freshman to get a
 full FIG routine
- Mukai Agree. Vast majority of teams would not be able to field HB and PH routines that are full 6 skills.
- Blaise Are you saying that a varsity kid can't create a routine
- Greg When we went to FIG we got rid of repetition skills. If I taught a kid a skill, he could use it twice. When you limit kids to only being able to do a skill once, it makes it very difficult for kids to get to a full routine. Getting to 7 FIG skills + dismount is tough. You need the non-diagrammed skills
- Blaise You can do a 10 skills if you need them
- Gebhardt The kids aren't doing simple routines because that's how the code is laid out.
 The emphasis is on cleanliness, not on difficulty for kids of our level.
- The following non-element "A" skills will receive value at the varsity level -- Blaise Blasko
 - Parallel Bars:
 - Fly away at end of bars.
 - From support Moy to upper arm.
 - Peach to upper arm.
 - Kenmotsu to upper arm.
 - Front salto to upper arm.
 - Horizontal Bar:
 - Cross arm giant swing in over grip.
 - Rationale
 - These are acceptable varsity level skills to have in a routine rather than single leg circles, round offs, shoulder stands, forward rolls etc.
 - Discussion

- Blaise Provide for higher level non-diagrammed skills for Varsity level
- Jaros clarification We'd have one non-diagrammed list for frosh, and a totally different non-diagrammed list for other levels. If it were up to me, I'd just eliminate the list and leave it to judges discretion, but we all know the trouble that caused when we tried it.
- Mukai Can we petition the rules committee to add a non-diagrammed skill.
- Jaros / Harima Yes, you can already do that
- Bajek Would you consider keeping the new list and adding these ones
- Blaise These are already on the current list
- Novakowski Still think it would simplify things if you eliminated the list and went to FIG code any recognizable skill at judges discretion. We could come up with training for officials to combat the problem that we had last time.
- Jaros Did we do a great job at hitting this point in training in the 2013/2014 seasons?
 We could do a better job at getting them to understand what is considered a skill.
- Novakowski benefit of doubt goes to the gymnast
- Remove Rule II-A-2-d from 2017-2020 NFHS Boys Gymnastics Rules and Procedures -- Blaise Blasko
 - o (All B value dismounts on Floor Exercise will not receive stick bonus.)
 - Correct Bonus Table Optional Levels
 - Rationale
 - Sticking a dismount is good gymnastics. A "B" value dismount in Floor Exercise should receive stick bonus as other events.
 - Discussion
 - Jaros this is resuming the practice from 2018
 - Hagel Expect to see everyone dismount with a layout every time
 - Blaise Yes, but it emphasized sticking
 - Crandall Having it the way we currently have it is one more exception. It's hard to keep track of; is one more difference that makes it harder. Going with this will make it easier
 - Basler Make a back full a C, then it's not a B
 - Jaros Changing skill values isn't what we're going for by staying with FIG.
 - Blaise Lots of coaches are going to Rudy (C) so you get stick bonus. Take a change
 - Gebhardt FIG did this because they wanted to stop elites from doing another pass and ending with a layout if they missed their stick on a C or D on floor.
 - Harima We could change it so you need to twist to get stick bonus
 - Gebhardt Lets just make it consistent on all the events.
 - Tony Agree with Frank The C separates the men from the boys, the skill value helps differentiate
 - Mukai There is already plenty of incentive to stick every pass you get deducted if you don't.
- Change all underleveled competitions from Frosh/Soph to JV2. -- Bill Cordts
 - Rationale
 - To follow suit with what girls are doing
 - Discussion
 - Cordts Did not have a lot of participation in freshman, but have a bunch of kids coming out in later years. This gives them an opportunity to compete at a lower level rather than stick around and not compete
 - Novakowski Would you want all 3 levels to do level 9, or have JV2 do the compulsory
 - Cordts Next proposal gets to this point. Keep it at level 9, that provides a lot of flexibility
 - Novakowski Regardless of the rule set used, we've always had an easier set of rules for frosh/soph than varsity.
 - Blaise Varisty, JV1 and JV2.
 - Cordts You can continue to do restricted year invites, that wouldn't break the pattern.

- Tucker Adrian and Ryan and Doug, didnt' we talk about something like keeping frosh routines, but allow kids at higher levels to do the frosh routines.
- Jaros / Dul Yeah. Maybe something like doing an exposition routine but doesn't include in score
- Blaise Are there any conferences that have this?
- Cordts No, Got push back from the conference that it has to be a rule change.
- Eliminate compulsory routines for Freshman and follow the same rules as Varsity. -- Bill Cordts
 - Discussion
 - Cordts This would be easier for judging to only remember one set of rules. Coaches should be able to figure out a simple routine.
 - Phillips Having a freshman who walks in with no experience does not promote the proper progression and be rewarded. I cannot see having a freshman with no experience attempt to do a routine at level 9
 - Cordts I see what you're saying. As a good coach, we should be promoting doing progressive skills like swings in practices. It's still possible to emphasize basics in practice with this rule.
 - Gebhardt The frosh compulsories do teach every single skill that you need to be competitive at a higher level. Without those intermediate swings on P-bars as a kid who can barely hold himself up, I can't imagine a way to get him to do higher level skills. I think we need a designated set of skills for the younger kids.
 - Batista I can get pretty much anybody to come and be a freshman level coach. They just have to follow the script, don't have to have to know the rules.
 - Harima We're saying that sometimes it will be tough to get kids to 6 skills, but that doesn't mean you have to get him to 6. Kid's gonna get a 2 anyways with the current rules. You give kids an option to do more stuff.
- Change to IHSA Rules Book, D.5 Parallel Bars -- Zach Crandall
 - Current rule: Only one of the following static skills can be used in a Parallel Bar routine. They will
 receive Element Group I credit and assigned the appropriate difficulty. A legs together planche
 or "V" will be given "B" difficulty value. A legs together planche on one bar, any Manna or
 swallow/maltese will be given "C" difficulty value.
 - Proposal: Modify the bolded section above to read, "Only TWO of the following static skills can be used in a Parallel Bar routine. They will receive Element Group I credit and assigned the appropriate difficulty. A legs together planche or "V" will be given "B" difficulty value. A legs together planche on one bar, any Manna or swallow/maltese will be given "C" difficulty value."
 - Rationale
 - Our high school gymnasts should be rewarded for being able to do a legs together and a
 "V" or a swallow/maltese, so they should be able to get credit for more than just one.
 - Discussion
 - Blaise Most coaches are coaching for 6 skills, You have 2 skills and a dismount, You only have to teach 3 other skills.
 - Novakowski Want to make it a swinging routine, but yeah those are requirements.
 - Harima Opens up the potential for a wider variety on parallel bars.
 - Phillips You could do V > press or swallow > lay-away. There will still be things around it that are swinging.
 - Jaros Change isn't harder for judges it's still the same number of specific exceptions to remember
 - Batista Could you get credit for an L as well
 - All Yes
 - Gebhardt There is none of these skills in the code anymore.
 - Jaros These are things we adopted from JO modifications
- Extend the current JV/V rules one more year. The current rule book would apply to years 2017 2021. The next rule book would apply to years 2022-2025. -- Tony Ciezadlo
 - Rationale

- It doesn't make sense to vote on rule changes when we do not know what rules will be in place.
- We allow one year for FIG to iron out issues regarding their new rules before we start using them. Last time FIG changed their rules, we were subjected to several last minute changes which led to confusion among coaches and gymnasts.
- This would be easier on gymnasts, coaches and judges in the short term and will allow an extra year to learn the new rules.

Discussion

- Jaros This would delay adoption of any FIG code and give us a full year to adopt. With the delay of the Olympics, it would mean adopting the book for the 2023 season. Last time we only had the printed book for a month or two before season started.
- Phillips Would always be one year behind
- Jaros Last time the final FIG book came out in February, and it gave the rules committee a very short time to finish curating the HS code.
- Novakowski FIG were released, then the JO rules came out, and then we have to adopt our book after all finalization. We get approval from the NFHS, and that's what took it so long last time.
- Zeman It doesn't seem like it would be difficult for the IHSA to compensate for, whether or not the NFHS approval is needed
- Novakowski It's not something we should assume, we should make sure to check in
- Zeman We're making proposals for changes now, but we don't know what FIG was going to do
- Novakowski The FIG provisional code (preview) was released a few months ago, and mostly it's the same. Biggest change was to devalue some skills and eliminate some skills.
- Freshmen will compete using varsity rules, but allow gymnasts to repeat each skill one time. -- Tony Ciezadlo

Rationale

- Provides and easier start for freshman, enabling a smooth transition to varsity, and potentially being able to retain participation numbers,
- Easier for judges, which could increase growth of future judges.
- Allows for more flexibility for coaches to work on the specific needs of their gymnasts.

Discussion

- Tony Had a tough time getting kids to come back the second year and to gracefully work into a JV routine. The freshman compulsories do a good job of teaching kids the basics, but they don't directly translate to level 9 routines. You can get kids to do stuff at level 9 as a freshman it's only 6 parts. With repetition it's even easier.
- Zeman We have a definite problem getting freshmen. We had one invite in WSC gold where two teams had no freshmen. Soph are the biggest recruiters, and not getting frosh anymore. There has been a drop in frosh enrollment
- Jaros Had 40 kids 2 years ago. Had a 20% increase from last year to this year.
- Mukai It's a challenge to perfect the things like the assemble. Kids are hungry to perfect the challenge. They see success from the other kids doing skills, even the transitions, and they want to duplicate that success.
- Zeman It's been very negative for me to teach these skills. It would also be a lot easier to get judges if there was just one set of rules
- Blaise Would you say that all of the freshmen are doing all of the bonus skills by the end of the year?
- Zeman That's not the argument. I would rather put a routine together for my kids than have to follow the routine that is diagrammed.
- Harima I don't know what's going on, but I've never had to worry about kids having to learn a kip so much.
- Rule 2.II.A Routine Construction Table Frank Novakowski

- Modify Difficulty Values change a B from 0.3 to 0.2. All others remain the same.
- Rationale
 - Encourages and incentivizes gymnasts to perform higher level skills.
- Discussion
 - Novakowski Not enough separation. Might help to put the .2 tenth gap in values between a B and a C instead of between an A and a B.
 - Mukai It's a really heavy lift to get soph and juniors to get a B to a level that is worth competing. It's going to be harder to justify that B if it's only 1 tenth more than an A and they have to do it as well. It will be harder to get kids to the level that they do C's
 - Novakowski Counterpoint it makes C's that much more rewarding now. You're looking at a 4 tenth gain on a C dismount on floor vs a back layout
 - Batista If you look at PB, the C's are out of reach for a HS gymnast. It makes it so club kids will walk all over 4 year gymnasts. When you make B's attainable and worthy it closes the gap with the better kids.
 - Novakowski counterpoint Coaches who say "You really think your kid should have beat my club kid?" If C's were worth 2 more than Bs, some coaches think it would help their kids. You would have to sacrifice kids that aren't as high potential.
 - Harima It makes the rich richer. It propels certain kids (club kids) to a point that 4 year
 HS gymnasts can't compete. Need more separation in the middle and less at the top.
 - Gebhardt I'm a believer that the best should win. Why are we going to handicap the kid who's the best. What's the point of teaching a double back on P-bars if he's not going to get rewarded for it.
- Move gymnastics season to the Fall season Greg Gebhardt
 - Discussion
 - Gebhardt Advantages: Not overlapping with club season more coaches and judges;
 Can have camps in summer that goes right in to season; If we also go to JV1 and JV2 there are more options; no more overlap with girls, we go first
 - Batista Fewer boys programs to compete with in the Fall. You would have a harder time recruiting freshman
 - Tucker Not sure how many schools have PE programs, but that's how we get most of our numbers. By the time kids realize we have a team the season could be half over.
 - Hagel It would decimate our numbers. Most of our kids are playing soccer or football, and it takes me most of the year to convince them to go out for the team. We'd take a big hit. There's always a couple of coaches that are coaching diving, so they would have a different situation
 - Basler I know we think we'd gain some club coaches, but club coaches are still working in the fall. We also get more time to work with the kids if you count after school off-season
 - Batista We can sell this as a preseason for club season. We can get more individuals out maybe to pump up the team count for the state meet
 - Tucker If kids are competing for IHSA, they can't have contact with their club team (practices)
 - Kim Competing more and more with spring sports for kids
 - Tucker This is a gamble. If we gamble and we lose, it's possible the end of the IHSA programming.
 - Harima If we do switch we get spring break back

Motions

The IHSGCA Rules Committee will evaluate the FIG 2020-2024 Part III Apparatus and make a recommendation at the 2020 May association rules voting meeting to accept the new skills or continue use of the existing 2017 - 2020 apparatus skills. -- Withdrawn by Blaise Blasko; FIG will continue to use their 2017 book for another year.

Finances

2020 Association Fees

Head Coaches: \$25
Assistant Coaches: \$20
Judges: \$15
Hall of Fame: \$0

• December Clinic: \$45 + normal fee

If you have not yet paid, please pay over the one of the following mechanisms:

- Paypal: <u>paypal.me/ihsqca</u>

- Chase Quickpay: chader06@gmail.com

- Check: Mail to Ryan Dul - 1119 West Greenbrier Ct, Arlington Heights, IL 60004

Fundraising

- Casino Night
 - Casino night on Tuesday, May 26th
 - 1pm 12am
 - Astoria Banquets
 1375 W Dundee Rd
 Buffalo Grove, IL 60089
 - Volunteer Schedule
 - https://docs.google.com/spreadsheets/d/1vIUZFw1p5oRvr44HIB1h5gkGuGMf1 FtWBhfAPSWg7DY/edit#gid=0
 - Event is still planned to occur at this time
 - Looking to set up additional dates in June and July. Poll availability of membership for popularity of dates
 - List of dates pending from RCG Poker

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Recruiting and Participation

Coach Participation and Recruiting

Participation in the Association

- Call your friend coaches, ask them to come
- Bring your assistants
- Peer pressure works

Recruiting new coaches

- Please help us collect emails for graduating seniors and recent graduates using the following form
 - https://docs.google.com/forms/d/e/1FAlpQLSdr3EBpbOl0bpFhfzJ6fHjbUmxnWbe2IQhe1JI397Y MCJf5Zg/viewform?usp=sf link
- We will attempt to regularly contact them to recruit for judging and coaching positions

Winter Clinic Videos on YouTube

https://www.youtube.com/playlist?list=PL2h1bUGemMrf1O9PuNBeCDwKFerfNWKX1

Judging

• Please sign up if you have not. First year judges do not have to pay a late fee

Please rate your judges

- When hosting a meet, please help coaches remember to rate judges
 - Add judges names to score sheets so that it's easier to remember who judged each event
 - If using Meet Scorer, there is a "notes" feature that can be used to add information to the printouts
- The following blurb may help
 - Please remember to log in to https://center.ihsa.org/go/ihsa/login.asp and rate your judges from tonight

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Judge 1 - FX, HB
Judge 2 - SR, V
Judge 3 - PH, PB
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Judges Training Videos

To help with your training for both judging and coaching- Brandon Tucker has graciously begun to develop judges training video tutorials on youtube for those of you who could not attend the clinics or mini clinics. Please view these videos and consider joining our team of judges, and thank you Brandon for developing these! They can also be found on the association webpage.

- General overview
- Floor Ex
- Rings
- Vault
- Parallel Bars
- High Bar

If you have underclass routines, please send them to Brandon Tucker.

NEW Judging Training Videos

Brandon created new judging videos for his athletes, which look great:

- FX
- Routine https://www.youtube.com/watch?v=u0oUdELSC6k
- Judging https://www.youtube.com/watch?v=WCibfT13iC4&feature=youtu.be
- PH
- o Routine https://www.youtube.com/watch?v=W7qNISWaU3k
- Judging https://www.youtube.com/watch?v=n7aBPLZxbwY&feature=youtu.be
- SR
- Routine https://www.youtube.com/watch?v=ZZ8NonuY1wM
- Judging https://www.youtube.com/watch?v=xa7mtTSg8qE&feature=youtu.be

- PB
- o Routine https://www.youtube.com/watch?v=zzfT60Va7sU&feature=youtu.be
- Judging https://www.youtube.com/watch?v=7y83y4dQOC8&feature=youtu.be

Judging Resources

New Judges "Welcome Letter"

New Judges "Starter Pack - rules in, go to skill sheets, and sample judging sheets"

Rules & Interps Updates

http://www.ihsgca.org/index.php?pageID=19

Recent Changes

- 2019 May
 - Freshman FX Can receive credit for Bonus #5 (back tuck) without completing Bonus #4 (second flip flop)

Calendar

Public Calendar with Association Events for the season:

https://calendar.google.com/calendar/embed?src=gm5nijc9updj7jvq5ugjs8c8l4%40group.calendar.google.com &ctz=America%2FChicago

Upcoming Dates

- Rules exam and video in ihsa.org deadline is passed
- 2020 April 20
 - Association Meeting
 - 6pm, Digital
 - o During meeting nominations taken for:
 - new board and committee postings
 - outstanding press coverage
- 2020 May 5
 - Senior Gymnast of the Year
 - IHSGCA Scholarship
 - o Brinkworth Scholarship Nominations Due
- 2020 May 11
 - Association Meeting
 - 6pm, Digital

For the good of the Membership/New Business:

Blaise - Zeman was talking about a few freshman teams in the league not having a frosh level. You guys
have had kids in the gym for 3 or 4 weeks. You could lose a whole year of gymnasts if they don't come

out again. Please start brainstorming on how to keep the claws in these freshmen. It's going to be easy for them to go out for another sport, especially if you don't have summer camps. Triple Devastation

- Tucker Was there anything about doing something for seniors at a club over the summer. Could they tape themselves at a club or something and get some closure to their sport.
 - If kids registered through Julian's gym, he could just host it at one of his gyms.
 - Orna Maybe do a virtual meet like Josh Levin has been doing. If social distancing is still in place
 - Adrian We can't have seniors in the gym after they graduate
 - Tucker It's a long shot, but it would be nice to get them something
 - Bajek Worried about kids being rusty, making bad decisions and getting hurt
 - Tucker We can give direction to compete what's safe

Meeting Adjourn

8:28