

Association Meeting

Agenda/Minutes



Call To Order

2020 May 11

6:00 pm

Digital:

Join Zoom Meeting

<https://us02web.zoom.us/j/81008489196?pwd=aIV4T2lwc3FXbGRpY2ZYakVQRzBNQT09>

Password: 7RRX5c

Dial-In Number: (312) 626-6799

Meeting ID: 810 0848 9196

Phone Password: 810502

Mobile one-tap: +13126266799,,81008489196#,,1#,810502#

Attendance

Blaise Blasko, Chad Jaros, Steve Foerch, Andrew Foerch, CJ Patton, Sam Zeman, Bruce Bieresdorf, Tom Huml, Bill Cordts, Adrian Batista, Scott Phillips, Tony Ciezadlo, Jake Luketin, Ryan Dengel, Scott Hagel, Jason Orna, Mike Galfi, Eric Harima, Paul Kim, Ryan Dul, Doug Foerch, Frank Novakowski, Zach Crandall, Jason Brandenburg, Xavy Berry, Dan Bajek, Alex Pajor, Greg Gebardt, Don Raymond, Erik Bostrom, Mike Costa, Brandon Tucker, Gregg Didech, Keith Mukai, Billy Hois

Balance

- Current Balance: \$10,125.03
- Balance at this time last year: \$8,475.03

2020 Season

State Meet

- Cancelled

Brinkworth All-Star Meet

- Cancelled

IHSA Advisory Board Meeting

- Girls
 - Number of programs remained the same
 - Last year state series lost \$29k, this year lost \$13k
 - Made some cuts to technology
 - attendance increased from 1335 to 2027 from last year
 - Proposals
 - Go to 2 officials instead of 4 at state meet - Passed
 - Should save \$1256
 - Go to 10 teams at the state meet - Passed
 - Go to 15 finalists per event, instead of 10 - Passed
 - Go from 4 sectionals to 3 - Not passed
 - Reshuffle sectionals and regionals - Not passed
- Boys
 - Number of programs increased by 5 (56 to 61)
 - Boys lost \$9,057 last year
 - Proposals
 - Go to a 2 session state meet - Passed
- Passed proposals go in front of the IHSA Executive Board

Philanthropy

The steering committee has decided to proceed to give out scholarships for this year.

- Brinkworth Scholarship
 - Awarded to Brandon Baban from Highland Park
- IHSCGA Scholarship
 - No nominees were submitted

Awards

- Senior Gymnast of the Year
 - Nominees
 - Alexander Demeris - Glenbard West - Winner
 - Aaron Heppner - Downers Grove North
 - Matthew Kroscher - Deerfield
 - Resumes
 - <https://drive.google.com/open?id=1P8BGkKUIrsGw2lw6n90BPCUQMnrui04E>
- Hall of Fame Banquet and Golf Outing
 - Pushed back to 2021
- Coach of the Year
 - Cancelled
- Outstanding Press Coverage
 - Cancelled
- Special Recognition
 - Nominations
 - Howie Sokol - Passed
 - Rob Defano
 - Chad Jaros - Passed
 - Joe Skowronski - Passed

Position Nominations

- Executive Board - Secretary (1 position - 2 year term)
 - Nominations
 - CJ Patton - Confirmed
- Executive Board - Vice President (1 position - 2 year term)
 - Nominations
 - Ryan Dul - Confirmed
- Steering Committee (5 positions - 1 year term)
 - Nominations
 - Alex Pajor - Confirmed
 - Bill Cordts - Tie
 - Julian Basler - Confirmed
 - Brandon Tucker - Confirmed
 - Frank Novakowski - Confirmed
 - Paul Kim - Confirmed
 - Adrian Batista
- Hall of Fame Committee (2 positions - 3 year term)
 - Nominations
 - Dave Donaldson
 - Scott Hagel - Confirmed
 - Greg Gebhardt - Confirmed
- Rule Committee (no positions)

Rule Proposal Discussion

One Pro, and One Con must be submitted for each

- Replace the Freshman Compulsory Routine with a tumbling event -- Blaise Blasko
 - A routine will consist of three passes with a minimum of three skills per pass. Event Requirement (ER) 0.4
 - Forward and backward tumbling skills must be demonstrated. ER 0.4
 - Event requirements are:
 - alternating skills. Skills must be off the hands and feet. ER 0.4
 - bounding saltos. Difficulty is combined. ER 0.4
 - twisting skill of at least 1/2 twist. ER 0.4
 - FIG and IHSGCA recognized skills are to be used.
 - Repetition of skills is permitted for credit, unlimited number of times.
 - Judge on a 10.0 scale.
 - After the last skill of a pass the gymnast can walk to the end of the mat. Within two seconds they must start the next pass.
 - **Rationale**
 - Return of a tumbling event to the freshmen level would be close to having an attraction event for kids similar to trampoline. These rules are what we used for tumbling prior to FIG rules.
 - **Pro/Con**
 - **Pro - Blaise**
 - At the JV and Varsity level, when you look at a FX routine you see 3 or 4 tumbling passes. If you extend that to the freshman level to provide a solid base of tumbling, it would be advantageous
 - **Con - Tucker**

- Most freshman kids can't do the requirements listed here

○ Result

■ Failed

- Restructure the Floor Exercise Freshmen Compulsory Routine with new tumbling requirements, specified bonus, and virtuosity. -- Blaise Blasko
 - Description of changes:
 - Replace skill 1, forward handspring, with round-off salto backward. Jump 1/2 turn.
 - Eliminate Specified Bonus #1 Full Pirouette. Replace with Specified Bonus #1: Front salto with twist (minimum 1/2 twist), add jump 1/2 turn after or back salto with twist (minimum 1/2 twist). SB:+0.4. Virtuosity for full twist skill with less than 0.3 deduction. 0.1
 - Eliminate Virtuosity for doing split or pancake (0.1)
 - Eliminate Specified Bonus #2 straddle press handstand hold 2 seconds and Endo roll press to handstand.
 - Skill 6 dive roll change to salto forward tucked to stand. Virtuosity for salto shoulder height 0.1.
 - Eliminate Specified Bonus #3 in #6 skill box salto forward tucked.
 - Insert Specified Bonus #2 bounding saltos (front or round-off back, or round-off back to front. SB 0.4 After front bounders do jump 1/2 turn.
 - Eliminate back extension Virtuosity (0.1 through handstand).
 - Skill 9: back leg of scale at horizontal.
 - Eliminate scale Virtuosity (0.1 scale leg horizontal).
 - Eliminate Specified Bonus #4.
 - Add new Specified Bonus #3: Round off, back handspring, back salto tucked. SB 0.4
 - Eliminate Specified Bonus #5.
 - Add new Specified Bonus #4 & #5. Alternating salto backward . #4. (BH, BS (0.4), #5 BH, BS (0.4) or BS (0.4), BH, BS 0.4)
 - Eliminate *Note p50.
 - New routine in full:
 - <https://drive.google.com/open?id=1VIONr9WyoKUEu-ksbrlFSeimFXWN4nAy>
 - Rationale
 - Implement tumbling Event Requirements into the freshmen Floor Exercise event if one wants to keep the FX event.
 - Pro/Con
 - Pro - Blaise
 - If you still want to have floor exercise as a freshman, you can expand the tumbling requirements to be more difficult.
 - Con - Scott Phillips
 - Most of the kids we're seeing at the freshman level don't have the skill to be able to do these kinds of requirements. Just because we put it in as a rule doesn't mean they will be able to do them. The current compulsory is well balanced for the skills level of incoming freshmen.

○ Result

■ Failed

- The non-element "A" skills list will apply only to lower level gymnasts (JV/Soph). -- Blaise Blasko
 - Rationale
 - It has been several years since transitioning to FIG skill values. Initially the non-element skill list was developed to bridge this gap. Most of these skills should not count as varsity level skill values. It is time to require varsity level skills for our varsity athletes.
 - Pro/Con
 - Pro - Blaise

- There's a lot of muscular difference between a senior and frosh, it might create an uneven playing field and lower the chances for freshman to be successful in the first year.
 - Result
 - Failed
 - Eliminate compulsory routines for Freshman and follow the same rules as Varsity. -- Bill Cordts
 - Pro/Con
 - Pro - Bill Cordts
 - You are teaching kids that you want them to perform at higher levels. They only have to target 6 skills instead of having to learn a long compulsory routine.
 - Con - Blaise
 - The skills that we want to teach are at the compulsory level, and are a special bonus.
 - Result
 - Failed
 - Change to IHSA Rules Book, D.5 Parallel Bars -- Zach Crandall
 - Current rule: Only one of the following static skills can be used in a Parallel Bar routine. They will receive Element Group I credit and assigned the appropriate difficulty. A legs together planche or "V" will be given "B" difficulty value. A legs together planche on one bar, any Manna or swallow/maltese will be given "C" difficulty value.
 - Proposal: Modify the bolded section above to read, "Only TWO of the following static skills can be used in a Parallel Bar routine. They will receive Element Group I credit and assigned the appropriate difficulty. A legs together planche or "V" will be given "B" difficulty value. A legs together planche on one bar, any Manna or swallow/maltese will be given "C" difficulty value."
 - **Rationale**
 - Our high school gymnasts should be rewarded for being able to do a legs together and a "V" or a swallow/maltese, so they should be able to get credit for more than just one.
 - Pro/Con
 - Pro - Crandall
 - It will allow kids to do two skill that we all agree are nice gymnastics skills and get credit for both of them
 - Con - Doug
 - Been designing routines, and the average Varsity and JV kid it's not a big deal. When you get to 8.5 or higher you can get away with 4 strength moves out of 8 and can get a 9.6. You'll reward the strong kids of the ones that can swing, or who are doing much better "Parallel Bars" routines.
 - Result
 - Passed
 - Extend the current JV/V rules one more year. The current rule book would apply to years 2017 - 2021. The next rule book would apply to years 2022-2025. -- Tony Ciezadlo
 - **Rationale**
 - It doesn't make sense to vote on rule changes when we do not know what rules will be in place.
 - We allow one year for FIG to iron out issues regarding their new rules before we start using them. Last time FIG changed their rules, we were subjected to several last minute changes which led to confusion among coaches and gymnasts.
 - This would be easier on gymnasts, coaches and judges in the short term and will allow an extra year to learn the new rules.
 - Pro/Con
 - Pro - Tucker
 - Coaches wouldn't be subjected to last second changes and have to get their kids in line.
 - Con - Harima

- If we're trying to follow FIG, there might be a change in the rule book that is done solely for safety purposes. If we don't follow suit with that, a kid might get hurt doing a banned skill we might get in trouble.
 - Result
 - Passed
 - Freshmen will compete using varsity rules, but allow gymnasts to repeat each skill one time. -- Tony Ciezadlo
 - Rationale
 - Provides an easier start for freshman, enabling a smooth transition to varsity, and potentially being able to retain participation numbers,
 - Easier for judges, which could increase growth of future judges.
 - Allows for more flexibility for coaches to work on the specific needs of their gymnasts.
 - Pro/Con
 - Pro - Sam Zeman
 - It allows coaches more flexibility in preparing freshman for JV and Varsity in a success oriented way
 - Con - CJ Patton
 - The current compulsory take into consideration first year gymnasts, and it's been prepared such that they can compete to their fullest ability.
 - Result
 - Failed
 - Rule 2.II.A Routine Construction Table - Frank Novakowski
 - Modify Difficulty Values - change a B from 0.3 to 0.2. All others remain the same.
 - Rationale
 - Encourages and incentivizes gymnasts to perform higher level skills.
 - Pro/Con
 - Pro - Greg
 - It provides more separation between your highest level gymnasts
 - Con - Harima
 - It creates separation in the area that we don't necessarily want the separation. It gives the highest level kids more separation, and takes mid level kids and bunches them up more. High level get separated and the mid level gets pushed together.
 - Result
 - Failed
 - Move gymnastics season to the Fall season - Greg Gebhardt
 - Pro/Con
 - Pro - Adrian Batista
 - We would open up gymnastics to a lot more kids that, like club, and would stop competing with club season in the spring.
 - Con - Crandal
 - It would really hurt our freshman numbers. We do a lot of recruiting at school, and it would be really hard to get kids out without having them in the school. Our sport already struggles with numbers, and this would make it harder.
 - Result
 - Failed

Voting

Ballot will be distributed to eligible voters over email.

Finances

2020 Association Fees

- Head Coaches: \$25
- Assistant Coaches: \$20
- Judges: \$15
- Hall of Fame: \$0
- December Clinic: \$45 + normal fee

If you have not yet paid, please pay over the one of the following mechanisms:

- Paypal: [paypal.me/ihsgca](https://www.paypal.com/ihsgca)
- Chase Quickpay: chadder06@gmail.com
- Check: Mail to Ryan Dul - 1119 West Greenbrier Ct, Arlington Heights, IL 60004

Fundraising

- Casino Night
 - Gaming licence received.
 - Event is presumed cancelled. Awaiting confirmation from Rockford Gaming

Restore Illinois Gymnastics

- Michael Regalia, owner of All Around Gymnastics in Bensenville is organizing a movement
 - Letter template for those who want to participate
 - <https://drive.google.com/open?id=1YiUF-0oOyVdrSWO62WkZAeWzU8mr4OUI>
- He's working on a proposal for Gov. Pritzker to influence when gymnastics gyms can reopen
- Also interested in starting to organize a Gymnastics lobby to influence Illinois politics

- Billy Hoid - Seems like a good idea

USAG Guidelines on Reopening

<https://drive.google.com/open?id=1LdyT5VQzRrHVOJaiD3liAaLqplPi7vnW>

Recruiting and Participation

Coach Participation and Recruiting

Participation in the Association

- Call your friend coaches, ask them to come
- Bring your assistants
- Peer pressure works

Recruiting new coaches

- Please help us collect emails for graduating seniors and recent graduates using the following form
 - https://docs.google.com/forms/d/e/1FAIpQLSdr3EBpbOl0bpFhfzJ6fHjbUmxnWbe2IQhe1JI397YMCJf5Zg/viewform?usp=sf_link
- We will attempt to regularly contact them to recruit for judging and coaching positions

Winter Clinic Videos on YouTube

- <https://www.youtube.com/playlist?list=PL2h1bUGemMrf1O9PuNBeCDwKFerfNWKX1>

Judging

- IHSA Renewal period is from May 1st through June 30th. Please renew your license to avoid late fees.

NEW Judging Training Videos

Brandon created new judging videos for his athletes, which look great:

- FX
 - Routine - <https://www.youtube.com/watch?v=u0oUdELSC6k>
 - Judging - <https://www.youtube.com/watch?v=WCibfT13iC4&feature=youtu.be>
- PH
 - Routine - <https://www.youtube.com/watch?v=W7qNISWaU3k>
 - Judging - <https://www.youtube.com/watch?v=n7aBPLZxbwY&feature=youtu.be>
- SR
 - Routine - <https://www.youtube.com/watch?v=ZZ8NonuY1wM>
 - Judging - <https://www.youtube.com/watch?v=xa7mtTSg8qE&feature=youtu.be>
- PB
 - Routine - <https://www.youtube.com/watch?v=zzfT6OVa7sU&feature=youtu.be>
 - Judging - <https://www.youtube.com/watch?v=7y83y4dQOC8&feature=youtu.be>

Judging Resources

New [Judges "Welcome Letter"](#)

New [Judges "Starter Pack - rules in, go to skill sheets, and sample judging sheets"](#)

Hall of Fame

The Hall of fame committee has provided guidelines on criteria that would strengthen a HOF candidate's resume.

https://drive.google.com/open?id=12KD8RvOaHk0oc1-w9b1qiy_2EePh_L3V

If you're interested in nominating someone, please use this as a guide.

Rules & Interps Updates

<http://www.ihsgca.org/index.php?pageID=19>

Recent Changes

- 2019 May
 - Freshman FX - Can receive credit for Bonus #5 (back tuck) without completing Bonus #4 (second flip flop)

Calendar

Public Calendar with Association Events for the season:

<https://calendar.google.com/calendar/embed?src=gm5n1jc9updj7jvq5ugjs8c8l4%40group.calendar.google.com&ctz=America%2FChicago>

Upcoming Dates

- 2020 May 11
 - Association Meeting
 - 6pm, Digital
- 2020 June 30
 - Due date to renew IHSA officiating license

For the good of the Membership/New Business:

- Bill Cordts - point of consideration - To allow digital voting and give 24 hours time to enter votes on digital ballots to increase participation
- Frank - Talked to Traci Henry about the possibility of getting refunds because we didn't do any meets. IHSA's stance is that judges are independent contractors, and that IHSA's role is to educate and license them. IHSA has fulfilled their role, and will provide credit only to first year officials who first registered in spring to officiate.
- Chad to send out steering committee meeting email
- Blaise - If I want to get in contact with Jake or Julian, how do I do that.
- Blaise - Motion - When an individual joins our association, they can choose to make their email and school address available to the membership through a shared document. - Second Chad Jaros
 - Motion passes by show of hands
- Thanks to Chad Jaros for 4 years of service
- Doug Foerch - Constitutional Amendment Proposal
 - Remove the requirement that there can only be 1 nomination for Senior Gymnast of the Year for a single school
 - Second - Batista
 - This is already allowed on the girls side. Some will nominate 3 or 4 girls and it can take away from the best kid at that school and can split the vote.

New Executive Positions

- Secretary - CJ Patton
- Treasurer - Jason Brandenburg
- Vice President & Vice Secretary - Ryan Dul
- President - Eric Harima

Meeting Adjourn

Adjourned 7:50