Association Meeting

Agenda/Minutes

Call To Order

2021 May 11

7:00 PM

Attendance

Eric Harima Frank Novakowski Donald Raymond Caleb

Chris Lunsford <u>Brian Bekkedal</u> Brandon Tucker CJ Patton

Ryan Dul Carlos Fuentes Blaise Blasko Jason Brandenburg

Jarrod Amolsch Adrian Batista Bruce Beiersdorf

Greg Gebhardt Doug Foerch Vic Avigliano

Tony Ciezadlo Dan Bajek Joon Yun

Andy Foerch Luke Badger Scott Philips

Gregg Diddech Scott Hagel Bill Cordts

Julian Basler Tom Huml Paul Kim

Sam Zeman Charley Nelson Keith Mukai

Eric Bostrom **Zach Crandall** Brian Aites

Balance

- Current Balance: \$10,970.53

Balance at this time last year: \$10,125.03

Expense report?

2021 Season

State Meet

- IHSA has confirmed the State series for 2021
 - State Meet May 13-14th
 - At Hoffman Estates High School
 - Each qualifying gymnast will be allowed to purchase two tickets



Brinkworth All-Star Meet

- Will be held on Sunday May 23rd
 - At USGTC in Lake Zurich-(Thank you Julian Basler)
 - o Time-12-3
 - o Stretch 10:30
 - Warm ups 11-12
- Make sure to send line-ups to CJGymnast7@gmail.com ASAP
- Lineups Received
 - o MSI West
 - MSL East
 - o CSL
 - West Suburban Silver (No gymnasts)
 - WSC Gold (No gymnasts)

Conference Reps

MSL East- Joon Yun,

MSL West- Scott Hagel

CSL- Adrian Batista

WSC Gold- Mike Galfi

WSC Silver- Sam Z

IND- Greg G

Award and Scholarship Plans

- Donationation were made by:
 - o USGTC-Julian Basler
 - o Gymkhana
 - o Premier-Diab
 - o EJ Basler Co.

Position Nominations

Executive Board - Secretary	1 Position	2 year term
Nominee	Nominated By	Seconded by
Alex Pajor	CJ Patton	Blaise Blasko

Executive Board - Vice President	1 position	2 year term
Nominee	Nominated By	Seconded by
Jason Brandenburg	Eric Harima	Frank Novakowski
Steering Committee	5 positions	1 year term
Nominee	Nominated By	Seconded by
Paul Kim	Frank Novakowski	Eric Harima
Frank Novakowski	Bill Cordts	Paul Kim
Julian Basler	Frank Novakowski	Alex Pajor
Keith Mukai	Paul Kim	Bill Cordts
Brandon Tucker	Frank Novakowski	Sam Zeman
Adrian Batista	Alex Pajor	Eric Harima
Hall of Fame Committee	2 positions	3 year term
Nominee	Nominated By	Seconded by
Mark Wanner	Sam Zeman	Greg Gebhardt
Mark Wanner Frank Novakowski	Sam Zeman Scott Hagel	Greg Gebhardt Blaise Blasko
Frank Novakowski	Scott Hagel	Blaise Blasko
Frank Novakowski	Scott Hagel	Blaise Blasko
Frank Novakowski Scott Philips	Scott Hagel Howard Rubin	Blaise Blasko Blaise Blasko
Frank Novakowski Scott Philips Rules Committee	Scott Hagel Howard Rubin 5 positions	Blaise Blasko Blaise Blasko 2 year term
Frank Novakowski Scott Philips Rules Committee Nominee	Scott Hagel Howard Rubin 5 positions Nominated By	Blaise Blasko Blaise Blasko 2 year term Seconded by
Frank Novakowski Scott Philips Rules Committee Nominee Keith Mukai	Scott Hagel Howard Rubin 5 positions Nominated By Adrian Batista	Blaise Blasko Blaise Blasko 2 year term Seconded by Frank Novakowski
Frank Novakowski Scott Philips Rules Committee Nominee Keith Mukai Greg Gebhardt	Scott Hagel Howard Rubin 5 positions Nominated By Adrian Batista Frank Novakowski	Blaise Blasko Blaise Blasko 2 year term Seconded by Frank Novakowski Bill Cordts
Frank Novakowski Scott Philips Rules Committee Nominee Keith Mukai Greg Gebhardt Scott Hagel	Scott Hagel Howard Rubin 5 positions Nominated By Adrian Batista Frank Novakowski Frank Novakowski	Blaise Blasko Blaise Blasko 2 year term Seconded by Frank Novakowski Bill Cordts CJ Patton
Frank Novakowski Scott Philips Rules Committee Nominee Keith Mukai Greg Gebhardt Scott Hagel Gregg Diddech	Scott Hagel Howard Rubin 5 positions Nominated By Adrian Batista Frank Novakowski Frank Novakowski Scott Hagel	Blaise Blasko Blaise Blasko 2 year term Seconded by Frank Novakowski Bill Cordts CJ Patton Blaise Blasko

Coach of the year.

MSL East -Ryan Dengel Elk Grove

MSL West- Scott Hagel Palatine

MSL West- Jason Brandenburg Fremd

Independent - Frank Novakowski Lake Park

CSL- George Joseph Maine East

West Suburban Silver- Sam Zeman

West Suburban Gold- Bill Cordts Lyden

At Large #1 Jesse Piland Mundelein- Gregg Frank 2nd

At Large #2 - Julian Basler Prospect - Hagel -Frank 2nd

Special Recognition

CJ Johnson -Hinsdale Central Don Raymond

Howie Sokol-Assignment Chair-Blaise B

Julian Basler- Donations

Joe Skowronski Judging 40 years Gregg D

Gregg Gebhardt - Judging Assigning Dan Bajek

Rule Proposal Presentations

Discussion will occur at the April meeting.

1. Jason Orna

- a. **Proposal**: Since we are coming up on a new quadrennium, I would like to have a committee evaluate and redesign our Frosh Compulsories.
- b. **Reasoning**: Many coaches are critical of compulsories; however, many find them necessary. The flow of these routines are poor and are now 5 years out of date, and no longer in congruence with the level 5 USAG compulsory routines. Should not count as varsity level skill values. It is time to require varsity level skills for our varsity athletes.
- c. Pro: We have a new code, therefore we need to re-evaluate freshmen compulsories
- d. Con: Redundant it's already a function of the rules committee.

2. Frank Erwin

- a. **Proposal:** Freshman compulsory vault will permit the table to be lowered to a minimum of 4/120 from the JV/Varsity required level of 7.
- b. Reasoning: It makes no sense to impose higher difficulty on freshmen than varsity and JV.

Steering Committee Discussion: This vault as suggested would be higher than a freshmen compulsory Handspring Vault. Whereas for JV/Varsity a handspring is a 7.7 value, at the freshmen level a handspring is only a 6.3. Therefore it might be worth considering changing the value to be lower

Association discussion

- This might fit under Jason's proposal with the compulsories, or be contingent upon the decision of the Rules committee review of the new compulsories. E.g, if the freshmen handspring vault does not go away, then we could implement other freshman friendly options.
- Blaise: Back in the day, we as a rules committee discussed the level 5 vault. We as a committee felt that it was inferior to what our freshmen were doing. About 95% of our freshmen were doing handsprings. Vaulting is one skill. In other routines, one or two bonus skills were added.
- Brandon Tucker: So why don't we make the handspring vault as a bonus?
- Jake: So what is the mission of this proposal then? It feels redundant because
 this stems from the duties of the Rules committee. Are we trying to make it so
 that every single gymnast can do a vault? Or is a bit of exclusivity okay? Can't do
 a handspring, maybe try a different event.
- c. Pro: Safer, more kids will be able to compete on the event
- d. Con: It will require a lot of time to move the vault up and down.

3. Blaise Blasko

Proposal: Motion: Constitutional Amendment - article 5.b-a-f&g

Currently under the duties of the treasurer: On an annual basis the treasurer will file the 501(c)3 status form for Illinois (f) and on an annual basis the treasurer will file a not-for-profit status. (g)

Reasoning: Eliminates confusion

Steering Meeting Committee Discussion: It doesn't make too much sense to change who does it every single year. Maybe change the responsibilities so that the Secretary is the one physically filing, while the Treasurer provides the secretary with the information and shows them how to do it, introducing a rolling cycle so nobody is left hanging. Two heads are probably better than one in this case.

Association Discussion:

Blaise: If the treasurer is the one who does it, it makes it clear to everyone who does it. Why are you adding a second step?

Eric: We would like there to be some kind of "mentor" step

Proposal Amendment: Motion: Constitutional Amendment - article 5.b-a-f&g

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Pro: Places the direct responsibility on a specific person

Con: It would deter people of taking on the responsibility of secretary, and later on the treasurer

Motion - send out a google form after the meeting to eligible voters to be completed by 9:00 am tomorrow morning

-seconded by Brandon Tucker

Finances

2021 Association Fees

Head Coaches: \$25
Assistant Coaches: \$20
Judges: \$15
Hall of Fame: \$0

Chase QuickPay or Zelle and send the payment to:

treasurer@ihsgca.org

Upcoming Dates

- 2021 May 11th
 - Association meeting
- 2021 May 14-15th
 - State meet
 - o Hoffman High School
- 2021 May 17th
 - Hall Of Fame Banquet
 - Morava Center-7-9PM
 - Golf Outing
 - Fill out RSVP on IHSGCA.org
 - Only 3 tee times, if interested please let Ryan Dul know
 - o 50 person limit.
 - RSVP will be sent out. First come, first serve.

For the good of the Membership/New Business:

https://www.lhsaa.org/siteuploads/lhsaa/1466 pdf2 2021-boys-gymnastics-bulletin.pdf Louisiana

Bill Cordts - I've been looking across at other states, thinking back to nationals with Texas that we used to do. I discovered that Louisiana is pushing their high school program pretty hard

What theyre doing is 2 separate styles of state gymnastics meets. A higher level (9/10) competition and a lower level (5/6/7). I'd like to throw in the idea of having 2 divisions of state tournament, where we can have a compulsory level and a higher club level. Gymnasts can compete at a more competitive, compulsory experience separate from the club level of gymnastics.

This would also allow us to bring back nationals and perhaps let us compete across state lines.

CJ: Would these compulsories be the freshmen compulsories that we all know and love or would they follow more of a level 7 USAG compulsory?

Bill: Probably more towards a higher level 7 compulsory routine.

Chris Lunsford: I do club gymnastics in college and it works very much the same way. We have 4 different opportunities in college, with varying levels - and the opportunity for kids to compete who otherwise never would have

Brandon Tucker: If we dilute the number of "would-be qualifiers" it would probably end up hurting the sport in the long run. Teams might decide to send their 'high-level' gymnasts to the compulsory state just for the win.

Jason: We don't necessarily have the numbers

Blaise: This discussion will require a lot of discussion and research for us as an association to know exactly what to do. Texas doesn't follow Federation rules, and the state does not fund their State Series (USAG does) Texas has initiated a national gymnastics meet, but they invite states like Arizona or other close states. Their state IS an invitational though.

Plus it means more work for the Judges (that we still really don't have enough of) To learn even more routines.

Bill: Absolutely this will require a lot more research, maybe some committees will need to be involved

Jarrod: How would we know going into the season where the gymnasts would end up?

Bill: It'll probably be up to the coach making judgments based on the skills of each gymnast. To he honest I don't have any answers right off the top of the bat, I'm just trying to start a conversation.

Gregg: If a gymnast is doing a level 7 compulsory, he's probably going to be a varsity-state level gymnast.

Zach: I think the financials are something to take into consideration - one of our biggest expenses is the state meet. That's why we cut it down into 2 sessions. If we're talking about adding one or two more sessions, that's not necessarily something that will help us.

Eric: We could make adjustments to the compulsories to accommodate the level of gymnasts we want in that group

Adrian: We could simply offer a freshmen state meet.

Gregg: Or we could have a state meet for teams that averaged a team score of ~125

Eric: Maybe we can "honor system" a Leyden First Timers invitational-style meet

Sam: I suggest talking to Todd Vesely in Texas. He is an athletic Director in Fort Worth. He's a great guy and will be happy to tell you how the system works in Texas. If you want to go in that direction

Brandon Tucker -When the state looks at our teams attendance numbers, it's going to look very very low. Make your recruitment your number 1 priority for the sake of our sport. Make it our best recruiting year ever. Talk to freshmen, talk to sophomores, get those numbers up. Without the numbers, all these ideas are useless.

Dan: Take advantage of your freshmen orientation

Joon Yun: Remember, summer Olympics is this year. lots of kids might be interested that are up for grabs!

Erik Bostrom: send a short hype/promo video to your 8th grade PE teachers to play or post in their google classroom

Jarrod Amolsch: I'm with you Brandon, but as a multi-sport coach I can tell you all sports in IHSA are down in participation.

Christian Lunsford: I love the promo idea and would love to make and distribute that!

Blaise: Brandon was spot on with his comments: We have to have the horses in the gym. (CJ: I love this analogy)

With all due respect, I think we as an association need to work on skill clinics. When i first started coaching, at the end of our sophomore year we expected our young kids to be able to do a reverse kip, two back giants, a pirouette, reverse giants, etc. We need to examine how we can bring that skill level back. I used the term "clinic" but i think the association needs to address how can we bring back those types of expectations.

Sam Zemen: I figured out what the cuts would have been if we took 50 as usual

Floor: 8.25

Pommels: 6.6

Rings: 7.15

Vault: 7.95

P-bars: 7.55

High Bar: 6.4

Zach: We have a running email list of alumni gymnasts, useful for email blasts. We use it for information on sectional/state meets, judging, etc. If coaches want to include their alumni on the spreadsheet

https://forms.gle/EzveqmpAoms171pM9

Meeting Adjourn



----- Results of the Voting -----

Executive Board - Secretary (1 position - 2 year term)

Alex Pajor (Unanimously approved)

Executive Board - Vice President (1 position - 2 year term)

Jason Brandenburg (Unanimously approved)

Steering Committee (5 positions - 1 year term)

Paul Kim

Frank Novakowski

Julian Basler

Keith Mukai

Brandon Tucker

Hall of Fame Committee (2 positions - 3 year term)

Frank Novakowski

Scott Phillips

Rule Committee (5 Positions - 2 year term)

Keith Mukai

Greg Gebhardt

Gregg Diddech

Zach Crandall

Scott Hagel

Rule Proposals

Freshman compulsory vault will permit the table to be lowered to a minimum of 4 notches (120) from the JV/Varsity required level of 7 notches (135). - Passed

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Constitutional Amendment

article 5.b-a-f&g Currently under the duties of the treasurer: On an annual basis the treasurer will file the 501(c)3 status form for Illinois (f) and on an annual basis the treasurer will file a not-for-profit status. (g) The treasurer will review in conjunction with the secretary and the secretary will submit. - Passed

Special Recognition

CJ Johnson - for his dedication to the Hinsdale Central high school program and to the sport of gymnastics as whole.