

December 2025 Association Meeting

December 8th 2025



Virtual Link: <https://meet.google.com/hnd-wgvg-egr>

Call To Order: 7:06pm

Attendance:

- Online: Dylan Gnat, Steve Foerch, Carlos Fuentes, Payton Hultmark, Ryan Brown, Andy Isaacson, Christian Stanicek, Paul Kim, Tony Ciezadlo, Jason Brandenburg, Donald Raymond, Xavier Barry, Daniel Bajek, Christian Lunsford
- In-Person: Adrian Batista, CJ Patton, Frank Navkowski, Jeff Wronk

Balance

- Current Balance: \$ 5,991
- Balance at this time last year: \$ \$12,756.34 (2023-\$6,444.67)

State of Gymnastics/Updates

- Exec Board for this year- 25/26 Prez, Adrian B.
 - Acting VP, Ryan Dul (1 Year, Emergency Fill)
 - Treasurer, CJ Patton (1 Year, Emergency Fill)
- Conference Rep Nominations
 - [West Suburban](#)
 - Bill Cordts - Nominated by Frank, Seconded by Adrian B
 - Independent
 - CJ Patton - Nominated by Frank , Seconded by Adrian B
 - MSL
 - Jason Brandenburg - Nominated by Adrian B. Seconded by Frank N
 - CSL
 - Adrian Batista - Nominated by Frank N. Seconded by CJ Patton

● Teams competing 2026 - 24 teams.

Conant	Glenbrook North	Naperville Central
Deerfield/Highland Park	Glenbrook South	Naperville North
Downers Grove	Hinsdale Central	Niles Co-op
Evanston	Hinsdale South	Palatine
Fremd	Hoffman Estates <i>Coach pending</i>	Schaumburg
Glenbard East	Lake Park	Stevenson <i>Coach??</i>
Glenbard West	Leyden	Willowbrook/Addison co-op
Glenbard North	Lyons Township	
Glenbard South		

Cost analysis for 2026

We currently have \$5991.

Rough cost analysis:

State Meet

IHSGCA Scholarship \$1,000

Ryan McDonagh \$1,000

~~IHSGCA Programs \$1925~~ Online link only

Zach McCue Photographer State \$500 ? - Find out more info

BEAR Awards (sectional/State) \$2500

Erin Hannah (video) State, \$250

Viking Awards (plaques) \$195

~~MeetScorer Donation \$500~~ No need to donate to MeetScorer

Total Estimated Cost = ~\$5500

Hall of Fame Banquet

Moretti's (HoFame Banquet) food \$750

Costco (Water, pop, cake) \$175

2026 IHSGCA Plaques \$200

Total Estimated Cost = \$1125

Webmaster \$500

Frank Novakowski \$500

Winter/Spring Clinic

Food - \$275

Donuts/Water/Pop \$150

Total Estimated Cost = \$425

IHSGCA Meetings -

Pizza and pop ~ \$ 60

Total Estimated Cost = \$300

Incoming Money - Only from IHSGCA dues ~~ around \$3250.

Total Estimated Cost for 2026 IHSGCA Season

Estimated = \$7850

For this season only, we need \$1859, so about \$2000.

2025 Season/Dates

Upcoming Dates

Master Schedule - Schools Looking for Dates / Meets  **GYMNASTICS 2026 SCHEDULE**

- **Season Starts** Feb 16, 2026 (Week 33)
- **Sectionals** Week May 4-9, 2026 (Week 44)

o Sectional Hosts: Glenbard West Mon 5/4 - Confirmed, Lake Park Confirmed Wed.5/6 DGN or Conant - Friday 5/8

- **State Championship** May 16, 2026 (Week 45) **Tentatively Hoffman Estates. Conant to Host 2027**

Future Meetings

Association Meetings- (all scheduled on a Monday)

- December 8th, 7pm @ Lake Park HS & Virtual
- January 12th, 7pm @ Lake Park HS & Virtual
- February 14th Saturday February IHSGCA Clinic, 9:30 am, Glenbard West HS *NO VIRTUAL OPTION*
- March 9th, 7pm @ Lake Park HS & Virtual
- April 27th, 7pm @ Lake Park HS & Virtual
- May 4th, 7pm @ Lake Park HS & Virtual- Depending on Sectional Dates.
- May 18th, 6:30 pm, Hall of Fame Banquet, Morava Center.

2025-2028 Rule Book

[2025-2028 Illinois HS Boys Gymnastics Rules Book_v1.pdf](#)

Fundraising

- Potential Camp - Volunteer Coaches Saturday - Few Hours - Athletes Each School Date Pending
- We will restart our GoFundMe and send out a flyer recommending all teams to have up a QR code and a short statement at their invites and dual/tri/quad meets. This is an easy way to get financial support.

*******NEW*******

SPRING CLINIC 2026

- Date: Saturday February 14th
- Location: **Glenbard West HS**
- **Association Dues:** \$35 for Full Members, \$30 for Associate Members
- **New Clinic Fees/Association Fees**
 - o Head Coaches: \$100 (\$35 w/o clinic)
 - o Asst. Coaches: \$100 (\$35 w/o clinic)
 - o Judges: \$100 (\$30 w/o clinic)
 - o Assoc. Member: \$100 (\$30 w/o clinic)
 - o HoF n/a
 - o Athletes? Interested in Coaching or Demonstrating
- **Agenda:** (General layout from last year)
 - o 8:00 - 8:30 - Breakfast & Check-in
 - o 8:30 - 9:30 - Association Meeting
 - o 9:30 - 9:55 - Rules Committee Presentation
 - o 10:00 - 10:30 - Break Out Sessions #1
 - o 10:35 - 11:05 - Break Out Sessions #2

- 11:10 - 11:50 - Lunch
- 11:55 - 12:25 - Break Out Sessions #3
- 12:30 - 1:00 - Break Out Sessions #4
- Rules Committee Presentation
- Breakout Session Ideas: ***We need presenters!!!***
 - Session 1 Options.
 - Pommel Horse- scissor work. Presenter: Wronk reached out already !!
 - Still Rings - Dislocates, cross work. Presenter: _____
 - Session 2 Options.
 - HB- Vault catch, Kip-cast-hand. Presenter: _____
 - Pbars- Moys, back offs. Presenter: _____
 - Session 3 Options. (after lunch)
 - Spotting. Presenter: _____
 - Judging. Presenter: _____
 - Session 4 Options.
 - Vault- Tsuks & Handfronts. Presenter: _____
 - Floor. - Twisting, front layouts Presenter: _____
- Breakfast/Lunch
 - Donuts and coffee
 - Pizza

Judging Clinic/Requirements *Date Pending*

- Extended AAU membership
- NFHS Concussion Cert
- Background check proof
- Judging Clinic Attendance

For the good of the Membership/New Business:

Updates/News:

- Blaise was very upset that we did not award the teams an IHSGCA plaque. It is in the constitution and we will start this again in 2026. We should discuss if we should order plaques for last year's teams as well. The cost is about \$60 a plaque.

Open Coaching Positions/Coaching Changes

Head Coach Positions: Hoffman Estates Boys; Stevenson HS Head coach

Assistant Coach Positions: Hoffman Estates Boys

Meeting Adjourn – 8:12pm

