

March 2026 Association

Meeting - <https://meet.google.com/hnd-wgvg-egr>

March 9th, 2026



Call To Order: 7:07pm

Attendance Online: Christian Lunsford, Andy Isaacson, Jason Brandenburg, John Wronkiewicz, Carlos Fuentes, Luke Badger, Robert Phillips, Ryan Brown, Steve Foerch, Bill Cordts, William Norris, Keith Mukai, Daniel Bajek, Howard Rubin, Frank Erwin, Tom Huml, Dylan Gnat, Ryan Dul, Edna Lundeen, Donald Raymond, Bruce Beiersdorf

In person: Adrian Batista, CJ Patton, Frank Novakowski, Julian Basler, Hilary Carlson

Balance

- Current Balance: \$ 8,001.60 (donation not deposited yet)

State of Gymnastics/Updates

- Please consider exec board next year- Pres, VP & Secretary
- Conference Reps
 - West Suburban
 - Bill Cordts -
 - Independent
 - CJ Patton
 - MSL
 - Jason Brandenburg
 - CSL
 - Adrian Batista
- **Teams competing 2026 - 24 teams. THIS will CHANGE! We will finalize this by the April Meeting. If there are any preferred sectionals, please let Batista know. (eg., you have a gymnast competing at Nationals and need to compete Monday, or there is a school event on Wednesday and need to compete Friday...)**

Glenbard West 5/4/26

Lake Park 5/6/26

Downers Grove North 5/8/26

Conant Glenbard West Glenbard North Hoffman Estates Leyden Willowbrook/Addison co-op Westmont HS -1	Lake Park Deerfield/Highland Park Evanston Glenbard East Glenbrook North Glenbrook South Niles Co-op Naperville Central Fremd	Hinsdale South Hinsdale Central Lyons Township Naperville North Palatine Glenbard South Schaumburg Stevenson
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Cost Analysis (covered this topic in December, this is just for reference)

We currently have

Rough cost analysis:

State Meet

IHSGCA Scholarship \$1,000

Ryan McDonagh \$1,000

IHSGCA Programs \$1925-Online link only-Christian will have this complete

Erin Hannah **Photographer State \$500- where are these pictures??**

BEAR Awards (sectional/State) \$2500

Zach McCue (video) State, \$250

Viking Awards (plaques) \$195

MeetScorer Donation \$500-No need to donate to MeetScorer

Total Estimated Cost = ~\$5500

Hall of Fame Banquet

Moretti's (HoFame Banquet) food \$750

Costco (Water, pop, cake) \$175

2026 IHSGCA Plaques \$200

Total Estimated Cost = \$1125

Webmaster \$500

Frank Novakowski \$500

Winter Clinic

Food - \$275

Donuts/Water/Pop \$150

Total Estimated Cost = \$425

IHSGCA Meetings -

Pizza and pop ~ \$ 60

Total Estimated Cost = \$300

Incoming Money - Only from IHSGCA dues ~~ around \$3250.

Total Estimated Cost for 2026 IHSGCA Season

Estimated = \$7850

For this season only, we need \$1859, so about \$2000.

2025 Season/Dates

Upcoming Dates

Master Schedule - [GYMNASTICS 2026 SCHEDULE](#)

[2026 Scores](#)

- **Season Starts** Feb 16, 2026 (Week 33)
- **Sectionals** Week May 4-9, 2026 (Week 44)
 - Sectional Hosts: Glenbard West Mon 5/4. Lake Park Wed.5/6 DGN - Friday 5/8
- **State Championship** May 16, 2026 (Week 45) **Hoffman Estates.**
- **Hall of Fame Banquet, Monday May 18th, 6:00pm, Gary Morava Center, Prospect Heights**

2027 IHSGCA State Championship Glenbard West High School Saturday May 15.

Upcoming Meeting Reminders:

March meeting...

- Rule proposals due BEFORE this meeting
 - review/discuss each proposal. NO DEBATE, just explanation
- Rule Proposals Being Proposed in March:
 - Clarifying Questions Only. Discussion will occur in April
 - IX.A.4 "A proposer will read and explain their proposal(s) and answer questions only for clarification."
 - IX.A.5 "No debate shall be allowed on any proposal at this meeting."
 - IX.A.6 "A proposed rule change must be seconded by a Full member to be brought before the membership for debate; otherwise it will be dropped from further consideration."
- Nominations Due by April Association Meeting
 - Brinkworth (speak with Betty Axelson to find the best due date)
 - IHSGCA Scholarship
 - Senior Gymnast of the Year

Rule Proposals:

1. On the JV level a ring routine may begin in the support position. The coach will be allowed to lift the athlete up to the rings and assist him up to a support position to begin. This follows a natural progression from the freshman routine or the current trend in gymnastics as it is the same starting position as the level 5 USAG ring routine. (Fuentes)
2. I would like to propose that a felge(bird up) to support L or straddle L be added to the rule book and make it a B and meets the requirement for swing to strength. Rationale... Front uprise to L is a B and meets requirement & Felge to cross or Plange also meets swing to strength and is a C (Cordts)
3. PB - I propose that we include a layaway with the half swing currently permitted for a bail moy or giant. Rationale: It would provide much needed flexibility for connecting a front uprise in PB routine development for lower level JV and varsity e.g., Kip layaway or L layaway. Additionally it makes logical sense as there is not skill connecting difference between a bail and layaway. (Erwin)
4. Jeff Wronk
I would like to submit the following rules proposal -
Change these vault values to the following:
 - Front Handspring 1/1 twist from a 7.4 to an 8.6
 - Front Handspring 3/2 twist from a 7.9 to an 8.8
 - Front Handspring 2/1 twist from an 8.5 to a 9.0
 - 1/4-1/4, round off, or 1/2 from a 6.7 to a 7.0
 - Front Handspring 1/2 twist from a 7.2 to a 7.6
 - 1/4 on 3/4 off from a 7.2 to a 7.6
 - 1/4 on 5/4 off from a 7.4 to a 8.0
5. Readopt the last high school rule book 2011-2013. Pending USAG approval.
(Novakowski)

Hall of Fame

Hall of Fame: Congratulations to Al Bekkedal and Paul Omi for being selected!!

Scholarships

IHSGCA Scholarship [IHSGCA Scholarship](#)

Senior Gymnast [Senior Gymnast of the Year](#)

Brinkworth Scholarship (criteria bottom of document)

Ryan McDonough Scholarship

- 4 year gymnast that started competing as a freshman
- Should demonstrate core values such as work ethic, growth mindset, model behavior and passion for the sport of gymnastics

- Please send nominations for Ryan McDonough to Dylan Gnat,
secretary@ihsgca.org

John Brinkworth Scholarship are due April 25th and should be sent to Betty Axelson-McClelland at eggsgymbetty@aol.com

Future Meetings:

We will offer in person at Lake Park HS for ALL remaining IHSGCA meetings.

(Virtual will still be available)

Association Meetings-

- April 27th, 7pm @ Lake Park HS & Virtual
- May 11th, 7pm @ Lake Park HS & Virtual- Depending on Sectional Dates.
- May 18th, 6:30 pm, Hall of Fame Banquet, Morava Center.

2025-2028 Rule Book

Condensed Rule book (all in one) (PDF attached from email about this meeting). Thank you Ryan Brown

 [2025-2028 IHSGCA FIG\(Jan2018update\) Combined English only Rulebook.pdf](#)

Fundraising

- Donation update
- Please post this at all invites, large meets or any other function.



- GoFundMe link

Judging Requirements

- Extended AAU membership
- NFHS Concussion Cert
- Background check proof
- Judging Clinic Attendance

For the good of the Membership/New Business:

Special Olympics June 12,13,14th, Illinois State University.

Updates/News:

- Niles West Frosh Invite THIS Friday 6pm, open to more teams. Currently 8.
- GBW Levin Frosh/Soph NOW Any 1st-2nd year gymnast - Monday April 13th 5:30.
- Charlie Nelson funding a scholarship for GymAct schools. More to come

Open Coaching Positions/Coaching Changes

Head Coach Positions:

Assistant Coach Positions:

Meeting Adjourn – 7:48pm

JOHN BRINKWORTH
SCHOLARSHIP AWARD

- FROM THE JOHN BRINKWORTH SCHOLARSHIP COMMITTEE:
Betty Axelson-McClelland, Vicki Munch, Fred Dennis, Pete Hemmerling, Chester Jones
- NOMINATIONS DUE APRIL 25. E-MAIL Nomination Form and Letters of Recommendation to Betty Axelson-McClelland, Eggsgymbetty@aol.com
- ATHLETE MUST BE A GRADUATING H.S. SENIOR
- GYMNAST MUST BE NOMINATED BY HIS/HER H.S. COACH
- COACH MUST WRITE A RECOMMENDATION
- SCHOLARSHIP AWARD IS \$500 and PLAQUE

REQUIREMENTS

- Athlete must have exceptional work ethic in the gym and in school
 - Athlete must possess personal character traits of honesty, sincerity, and dedication to the sport
 - Athlete has displayed courage and perseverance in their gymnastics and/or personal life
- * **ONE OTHER RECOMMENDATION LETTER FOR THE GYMNAST MUST BE SUBMITTED** by a teacher, coach, other school personnel, pastor, or community leader.
- * **Athlete must write a short letter** telling why she/he feels they exemplify the ideals that the John Brinkworth Scholarship Award is recognizing and why she/he is worthy of receiving financial Assistance.

SCHOLARSHIP AWARD WILL BE PRESENTED at the BOYS' STATE H.S. MEET at HOFFMAN ESTATES H.S. on SAT., MAY 16, 2026

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JOHN BRINKWORTH SCHOLARSHIP NOMINATION

Gymnast Name _____ High School _____

Gymnast's Address _____ City _____ Zip _____

Coach _____ Coaches' Cell Phone No. _____

Coaches' Fax No. _____ Coaches' E-mail _____

Gymnast's Class Rank and/or Grade Point _____ No. of years competed h.s. _____

E-MAIL ALL LETTERS OF RECOMMENDATION to Eggsgymbetty@aol.com

1) Coaches' Recommendation 2) Athlete's Letter 3) Another letter of recommendation from teacher, coach, other school personnel, pastor, or community leader.

****Coaches: Please e-mail all 3 letters of recommendation from the above at the same time so they will arrive all together. We request that the letters of recommendation are in WORD or a PDF format so all the members of the committee are able to open these files. Please scan and email the nomination form as well. The committee appreciates your help with this.**

ALL REQUIREMENTS MUST BE RECEIVED BY APRIL 25, 2026.

QUESTIONS: Call Betty Axelson-McClelland at 847-312-6476 or 847-382-7487.

PLAQUE IS SUPPLIED BY JERRY and MIKE FONTANA from the ATHLETIC EQUIPMENT SOURCE.